

for Beambridge Clunbury Clunton Coston Cwm Kempton Little Brampton Obley Purslow The Llan & Twitchen

Giving It a Tri(athlon)

e arrived in Kempton in 1986 together with many more or less useful possessions including а tandem. Unbeknown to us it was the year of the first Castle Tandem Bishop's Triathlon. Over subsequent years we never got round to participating (though our tandem did), but this year, the thirtieth anniversary of the event. I resolved to do so. However I needed a partner to do the 1km swim and to join

me on the tandem to cycle the 30km from Bishop's Castle up Colstey Bank to Clun, then Clunton, Little Brampton, Lydbury North and up Colstey Bank again (where I was to do the 10km 'run'), before coasting back down to BC on the bike to the finish. Happily, Noémie, a great-niece from France volunteered. Aged 19, she reduced the average age of our tandem pairing to a mere 42. A good swimmer, she did the 1km in 20 minutes 55 seconds. Her English is coming on too:

Yesterday, 4 July, I participated to my first Tandem Triathlon, it was a good experience! I wanted to do a triathlon one time in my life: done! Thanks to this challenge, I realised that age or sex doesn't matter. The objective that to participate and enjoy! But furthermore I proved that I can give one's all. It was a entrants fantastic dav. were verv enthusiastic. l'm happiness. 1



congratulate all participants. At the end, I'm very proud of me and my partner!

We ground out the course in 3 hours 44 minutes, finishing 80th out of 99 teams. Way ahead of us were John Bright (of Kempton) and Tim Jones, who finished 34^{th} in a time of 2 hours 52 minutes. John had been roped in at the last minute and, despite a lack of training, took just 19 minutes 19 seconds for the swim. It is John's third consecutive participation and his best swimming time yet. Tom Wall



Please send your contributions by the 20th of each month

Purslow Show - Calling Children

H ow about having a go at entering something in the Show this year?

PRE SCHOOL

- 88 A drawing
- 89 A model (any medium)
- 90 A collage
- AGE 7 and under
- 91 A drawing
- 92 A decorated wooden spoon
- 93 A collage
- 94 A collection of flowers in a jar
- 95 Three krispy cakes

AGE 9 and under

- 96 A montage or collage
- 97 An original Lego model (not from a kit)
- 98 A photo My Pet
- 99 A garden in a seed tray
- 100 Three flapjacks

AGE 11 and under

- 10 A 3D Room
- 102 God's Eyes (see internet link "God's Eyes – images")
- 103 A display of flowers in an unusual container
- 104 Five biscuits
- 105 My Best Friend a photograph max. mounted size 9 x 7" (23 x 18cm)

AGE 16 AND UNDER

- 106 A decorated wellie
- 107 A drawing or painted picture
- 108 Three small decorated cakes.
- 109 Activity a photograph max mounted size 9"x7" (23cmx18cm)

Be Creative with Flowers

Why not try your hand at flower arranging. Enter the flower arranging section at the Purslow Show on Monday 31 August. Look out for the show tent schedule available



locally or on the Parish Post website: theparishpost@gmail.com

Purslow Sports, Show and Gymkhana 2015 Food & Fun in the Marquee Saturday 29 August

From 3pm there will be a family friendly event held in the Show tent at Purslow. Food will be served from 4pm - hog roast, salads, puddings, etc, etc. There will be a bar and the President's Raffle.

Entertainment by the famous MAGIC KEV

Tickets are £10

Free entry for primary age children

For further information and tickets contact Show Secretary Annie Sutton on 660140 or committee members

Come and Join us in Clunbury Village Hall for **A Summer Lunch** on Thursday 13 August at 12.30pm



Cost £5. Contact - Eirlys Ellams 660625

Clunton Scrumpers

Great night... Weather good... Cider excellent... Lots of people... Roll on next year's barrel!





No Fish and Chips and No Winberries on 'The Glorious Twelfth'

here will be no fish and chips

■ at the Crown Inn, C I u n t o n , o n Wednesday 12 August, because Della and Andy are taking a wellearned holiday.



The twelfth is the opening day of the grouse shooting season and as such is celebrated by some as a glorious day. Doubtless it was in the interest of shooting that the Black Hill was closed to Winberry Pickers on and around 12 August back in 1921 (see the illustration kindly supplied by Alan Brisbourne, local historian researching South Shropshire).



At that time the hill was sometimes referred to as 'The Black Hill Grouse Moor'. The hill is now covered in trees and is unsuited to this bird of heatherclad moorland. But for how long did they persist? Do any of our older readers recall seeing grouse up there? And would you like to share your Winberry picking memories with us?

Clunbury 100 Club

John Jones £20; Brian Holmes £15; Sandra Morgan £10; Olive Payne £5; Roy Dumbell £3.



Are You Enjoying Reading This? magine what it would be like if you were unable to read! Some children do not learn to read easily and need some extra one-to-one help.

Beanstalk is a national charity which recruits and trains volunteers to give individual help to children aged 6 - 11years who find reading difficult. The oneto-one sessions are relaxed, happy times to help build the children's confidence. We talk, read and play games together and show the children that reading can be fun.

Could you spare 3 hours per week? Do you enjoy reading? Do you have plenty of patience? We are working in schools all over Shropshire but now need more reading helpers in the Clun, Lydbury North and Bishop's Castle area. No experience is necessary, just a passion for reading and the will to help a child discover the pleasure of books. For more information ring 01952 567846 or see www.beanstalkcharity.org.uk

ბბბბბბბბბბბბი TIPS, TIPPING & A TIPP-OFF ბბბბბბბბბბბბ

Protect Your Home While Away

We all look forward to going on holiday but want to make sure that while we are away our homes are safe from intruders. While you are packing your suitcase, remember to take a few precautions to reduce the chances of your property becoming a target for burglars as much as possible.

Tell your neighbour: Ask a neighbour that you trust to look after your property when you are away by drawing the curtains, turning lights on/off, picking up post, etc. Ask a neighbour to park a car on your drive. Make your property look like it's occupied 24/7. Cancel all milk and papers. Ask a neighbour to make sure your wheelie bins are not left out on the pavement for any length of time; this is a dead giveaway that there is no one home.

Restrict access to the rear of your property: Approximately 90% off all domestic burglary is targeted from the rear. Restrict access by locking side gates, and make sure all outside lighting is in good order. Lock away garden tools and equipment. Many opportunist crimes are committed by using tools or hard implements such as stones found in the garden, garage or shed.

Exterior doors and windows: Lock all exterior doors and windows. Do not keep any keys in the lock or nearby but make sure you and your family know where they are in case you need to get out.

Internal lighting: Use time switches to turn lights on, radios, etc. When you are out give the impression the house is occupied.

Alarms: Burglar alarms are, statistically, the best protection for unoccupied houses. There are many on the market and they range from inexpensive DIY kits to sophisticated systems. Quality fitted alarms will certainly be a deterrent to burglars but make sure you turn them on!

Mark your property: Mark all of your valuables with a forensic marking kit or UV pen and photograph valuable items such as jewellery or antiques, so that any recovered property stands a better chance of being returned to you.

By taking a few small measures you can reduce your risk of becoming a victim.

Fly Tipping

F ly tipping is becoming a problem in our parish. Please, will all residents dispose of their unwanted rubbish, garden waste etc in the appropriate manner. Green bins will take garden waste and the Household Amenity site at Craven Arms will take virtually anything. Please do not spoil our countryside. Thank you

A Tip from the Ambulance Service As many of us share the same postcode, and our houses are not always easy to find, draw attention to the house by putting on hazard warning lights on a car in the drive.

Superfast Broadband Connection Voucher Scheme for Shropshire Businesses

Eligible businesses and charitable organisations in Shropshire can now apply for a Connection Voucher worth up to £3,000 towards the cost of upgrading to superfast broadband. Connection Vouchers will be made available on a first-come first-served basis until 31 March 2016 via administrators, Digital Birmingham.

The Vouchers are available to any eligible organisation and can cover both fixed broadband solutions (usually a fibre connection), or wireless solutions such as satellite or microwave broadband, where fibre is not available.

To find out more visit:

www.connectingshropshire.co.uk/ connection-voucher-scheme/

Parish Council Meeting 16 July

Seven councillors present + two members of the public. Apologies received from ClIrs Hill and Morgan. There were no declarations of interest.

Matters Arising from the Minutes

Standing Orders/Financial Regulations: Copies had been emailed to councillors. Agreed a working meeting be held on 28 July to discuss in depth acceptance of these.

Parish Land on Black Hill: Cllr Bailey reported that, following a meeting of the trustees of a Clunbury Parish Charity, it was clear that ownership of the land is by no means certain. A group will meet to go through some historic paperwork which may throw some light on the matter.

AED Kempton: It is not clear whether this has been replaced yet. The Clerk reported that Bucknell are experiencing problems and are also in touch with Cliff Medlicott, Co-ordinator in Shrewsbury. Cllr Hoskins would check what is happening.

Oil & Gas Scheme: This was advertised in the Parish Post but there had been no response.

Bridleway at Ashbeds: There is to be a Public Enquiry in Clunbury VH, 10am, Tuesday 22 September and all documentation has been submitted. The Clerk to ask if this can be seen by the Parish Council before the Enquiry.

Clunton Burial Ground: Clirs Davies & Jones have found a contractor to clear the path in the first instance. This will make it easier to see what needs to be done. All agreed to this. The owner of the property is being kept aware of all developments.

Parish Plan Review: Raw data has now been received and groups are working on this ready to compile the completed Review. There are delays due to holidays.

Planning: Church House, Clunton - amendment to plans for a 1 storey

extension. No objections. Sunnyside, Twitchen – conservatory. No objections.

South West Shropshire Committee (SWSC): Cllr Croxton reported that the meeting last week had been attended by the Vice Chair of Shropshire Council and a council official. Most work by the council is now commissioned from other bodies. Concern was raised by the public about the pool and leisure centre at SpArc. Teme Leisure has had a cut in funding and there is a serious problem particularly with those centres attached to schools. They are looking at ways to cut costs - solar heating, etc. Shropshire Council has cut £80m so far but has to find savings of another £40m and reduce staff further. Questions were also asked about IP&E the commercial company run by the council and Broadband provision in the county - no satisfactory answers to these. The Youth Service has been cut but SWSC has a small amount to be spent in the area. A letter to be sent to organisations to see who needs help. Cllr Jones has a letter asking for people to come up with ideas. The Clerk to distribute copies to councillors. Next SWSC meeting is October. The chairman to notify the date and urged councillors to attend

Roads:

Purslow Cross Roads: Cllr Croxton had contacted the authority – within two days the white posts had been placed and the grass cut. There are no finances to move the telegraph pole but the grass and soil around it will be moved and this should lead to some improvement. There is no money to move the Severn Trent signs. Next year the cutting and weed control should be better.

Little Brampton Cross Roads: Cllr Croxton had spoken to residents. One of the main problems is drivers not looking both ways at the junction!

Speed through Clunton: a site meeting with Glyn Shaw to be arranged in early

August for councillors and interested parties. One householder has already made her own signs and there are SLOW - 30 mph signs available to stick on wheelie bins or other appropriate sites. It was agreed that a mirror to assist exiting from the road by The Crown would be a good idea. All this, together with speed problems in Kempton and Twitchen to be raised at the site meeting.

Clunton Coppice passing places: not a lot can be done until Autumn. Cllr Jones to raise this with Glyn Shaw.

Resurfacing the Ridgeway: this has deteriorated considerably. Cllr Croxton to contact Mr Butters from the authority. Cllr Jones to arrange for a letter to be drafted.

Roads around Obley: Clir Morgan had reported the bad state of these roads. The Clerk to contact Ian Martin re the pot holes.

Correspondence: A letter from Shropshire Housing Group regarding their corporate plan – Cllr Jones took this and will advise Councillors if there is anything that affects the parish.

Finance: Current A/c: £2103.90; Business Savings (including Sport & Leisure) A/c: £6893.10.

Future External Audits: Revised rules have been received. These to be discussed at the meeting on 28 July.

Any Other Business

Cllr Croxton commended the item in the last Parish Post re Cllr Harding at the Royal Garden Party.

Clunbury School: a lovely article in the local press. Agreed that a letter of congratulation be sent to the Head. One councillor called the school 'The Jewel in the Parish'.

Clun Valley Fairtrade: leaflets were distributed. A resolution was passed backing the Clun Valley Fair Trade Initiative and confirming that their goods will be used at Council functions.

Cllr Jones reported on a Connecting Shropshire meeting she had attended. BT are working with EE on a Micro Rural Network Scheme to try and improve the signal. Hopefully, Clunton will be a trial village but she will try and get them to trial elsewhere in the parish as well. There is also a different scheme which may be able to help health care communication and social care for the elderly.

Cllr Davies mentioned the state of the telephone box in Clunton. The Clerk has been trying for some considerable time to contact BT to check the system for dealing with neglected boxes but will try again.

Tipping: This has been a problem in Clunton recently. The Clerk to contact the Environment Agency for some 'No Tipping' signs. She will also clarify whose responsibility it is to clear any tipping. An article to appear in the Parish Post re this.

Clunton Burial Ground unmarked graves: Cllr Harding reported that neither the Church of England nor the Methodist Church were interested in the matter and that it was the responsibility of the Parish Council. Councillors agreed that there were no objections in principle to headstones being erected on the two unmarked graves but that a formal request should be made to them giving details of size, etc.

Date of Next Meeting: Thursday 10 September – 8pm – at Kempton VH.

Sheila & Nick Downes

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St Swithin's in the Sun

St Swithin's Church in Clunbury celebrated its annual Patronal Service in style on 19 July. After much anxious weather forecast watching, we were blessed with an idyllic sunny day, showing the whole Parish at its most



glorious. With Clunbury Hill benignly above us on one side and the Church basking in the sunshine on the other, some 120 of us enjoyed a wonderful hog roast with groaning tables of salad followed, after several second helpings, by a sumptuous range of puddings, and third and fourth helpings.

As the meal drew to a close, that most traditional of sounds, the Church bells, ringing out in celebration, reminded us it was time to start clearing up and repair to the Church for a simple service of hymns chosen by parishioners and readings led by Rev Jo Evans.

Thank you for the wonderful generosity of all those who contributed time and food and enthusiasm to make it all happen, not least Nick and Maddy Matveieff who kindly let us use their orchard. *Christina Whitehead*



News from South West Shropshire Gardening Club



here is no meeting in August but we are providing an additional trip to Cwm-Weeg on Thursday 20 August. a 21/2 acre garden at Dolfor, Newtown set within 24 acres of wild flower meadows and woodland. The C15 farmhouse will special arrangement. be open bv Refreshments are included in the price of £12.50 for members, £15 for nonmembers. The garden is open for NGS Powvs. For further information or to book а place, contact 661025 or email angiejsalmon@btinternet.com.

Garden and Produce Show Saturday 5 September Lydbury North Village Hall 2.00 to 4.30

We have over ninety categories to choose from so hopefully we have thought of something fun for everyone, whether you are interested in growing and displaying flowers,

fruit or vegetables, taking photos, making things such as scarecrows, handicrafts and home baking. We are an enthusiastic and friendly club and this annual event is a great chance to celebrate



and share our gardening efforts and achievements. Everyone is welcome to enter - only 30p per class or 50p on the day. There are trophies and prizes to be won and also delicious refreshments. and raffle. plant stall а Our comprehensive Show Schedule provides all the information you need and can be obtained from our Show Organiser, Sandv Burton on 680454 or sandy burton@btinternet.com or www.gardeningshropshire.co.uk.

We hope you will come and enjoy a colourful and inspiring afternoon with us. *Angie Salmon*

Events Diary for AUGUST 2015				
Sat 1		Clun Carnival and Show		
Sat 1	9.30am-2pm	Severn Hospice Bookshop Fair at the Square	Craven Arms	
Sun 2	11am	Clun Carnival Praise	Castle Grounds	
Sun 2	11.15am	Morning Prayer	St. Swithin's, Clunbury	
Sun 2	10am-noon	Clun Art & Craft Show	Hightown Community Room	
Sun 2	7pm	Songs of Praise in four-part harmony. Tel 661171 for info.	Kempton Village Hall	
3rd-7th	2-5pm	Cuthbert's Club for children	St Cuthbert's, Clungunford	
Tue 4	Mobile Library: Clunbury Bridge 10.10-10.30am, Clunton 10.40-11.00am, Obley 12.45-12.55pm			
Wed 5		Quiz - proceeds to Midlands Air Ambulance	Kangaroo Inn, Aston on Clun	
Thu 6	10-11.30am	Clunbury Café	Clunbury Village Hall	
Sun 9	6.30pm	Joint Evening Prayer	St Mary's, Clunton	
Mon 10	7-9pm	Monday Night Club - free help with using computers	Kangaroo Inn, Aston on Clun	
Wed 12		Tim's Travels to Barmouth - 640506		
Thu 13	12.30pm	Summer Lunch - 660625	Clunbury Village Hall	
Sat 15	10am-2pm	Craft & Collectables Market	Aston on Clun Village Hall	
Sun 16	6.30pm	Evening Prayer	St Swithin's, Clunbury	
Mon 17	2-4pm	BC & District Carers Group-Health & Wellbeing-01694 722024	Boars Head Hotel, BC	
Tue 18	Tue 18 Mobile Library: Clunbury Bridge 10.10-10.30am, Clunton 10.40-11.00am, Obley 12.45-12.55pm			
Thu 20	10-11.30am	Clunbury Café	Clunbury Village Hall	
Thu 20		Gardening Club trip to Cwm-Weeg - 661025		
Sun 23	11.15am	Joint Holy Communion	St Swithin's, Clunbury	
Mon 24	7.30pm	Live Acoustic Folk Music	The Crown Inn, Clunton	
Wed 26	7pm	RSC - 'Othello'	SpArC	
Sat 29	From 4pm	Purslow Show - Fun in the Marquee-660140	Purslow Show Ground	
29-31		17th Annual Beer Festival	Kangaroo Inn, Aston on Clun	
Sat 29		Live Music from Troy Redfern Band	Kangaroo Inn, Aston on Clun	
Sun 30		Live Music from Troy Redfern Band	Kangaroo Inn, Aston on Clun	
Sun 30	10am	Benefice United Service	St George's, Clun	
Mon 31	1.30pm	Purslow Show	Purslow Farm	
SEPTEN	IBER			
Tues 1	Tues 1 Mobile Library: Clunbury Bridge 10.10-10.30am, Clunton 10.40-11.00am, Obley 12.45-12.55pm			
Wed 2		Quiz - proceeds to Midlands Air Ambulance	Kangaroo Inn, Aston on Clun	
Thur 3	10-11.30am	Clunbury Café	Clunbury Village Hall	
Sat 5	2-4.30pm	SWSGC Show	Lydbury North Village Hall	
Sun 6	7pm	Songs of Praise in four-part harmony. Tel 661171 for info.	Kempton Village Hall	
Tue 8		Start of Autumn Term - Clunbury School		

Fair at the square

The Severn Hospice will hold its monthly "Fair at the square" outside the bookshop in Craven Arms on Saturday 1 August 9.30am-2.00pm Come along, bag a bargain and help our cause

Craft & Collectables Market



Aston on Clun Village Hall Saturday 15 August 10am-2pm Demonstration: Making Bead Jewellery

