

for Beambridge Clunbury Clunton Coston Cwm Kempton Little Brampton Obley Purslow The Llan & Twitchen



Wednesday 21 March from 10.30am at The Orchard, Clunton Bring and Buy, plants, cakes and a raffle, with a warm welcome, tea, coffee and biscuits Entrance £1 in aid of St Mary's Church

#### Good Friday 30 March

Join us for a walk up Clunbury Hill carrying the Cross

Prayers and Readings on the way up Hotcross buns, tea and coffee in the Village Hall afterwards Starts at 3pm from the Clunbury crossroads



## The Parish Post Bake-Off for Children

The Easter Cupcake Competition Can you make an Easter Cupcake? Here are some ideas:



Send us a photo of your cake for publication next month. There may even be a prize for the winner. It does not need to be beautiful, the funniest could win.

**Pamper Evening** 

#### **FRIDAY 9 MARCH**

Clunbury Village Hall 6pm – 10pm Discounted treatments available throughout the evening Shopping opportunities Fantastic prizes to be won Refreshments available

> FREE ENTRY!

All proceeds to Clunbury School

Please send your contributions by the 20th of each month

# A Cracking Good Night



A picture showing a very successful Quiz Night in Clunton Village Hall, held on behalf of Clunton Scrumpers. Our next event will be Cracking the

Cider Barrel sometime in June. Anne Shepherdson

# United Mothering Sunday service Sunday 11 March, 9.45am St Swithin's, Clunbury Posies for mothers Bring the family to celebrate this special day Refreshments after the service Family Entertainment at Clunbury Village Hall On a cold winter's Oday what better

way was there than to spend an afternoon watching a heart warming family film.

Children and adults alike enjoyed the film Paddington, with hotdogs, served during the interval. Alister Thompson (Committee Chairman) said: "This is a first for the committee; the turnout was very encouraging, we will definitely consider doing this again during school holidays".

# A Day in the Life of a Clunbury School Student

We arrive at school at 8.45am by bus, car or walk. We have 15 minutes before school to chat and play. The school bell rings at 9.00am and we line up sensibly ready to start the school day. First, we have collective worship where we think about our value of the month. Next, we go back to our

classes and do reading, phonics or spellings. After that, we enjoy our English lessons. This term key

stage 1 are doing poetry and key stage 2 are looking at the story of Romulus and Remus. After play our focus is on maths. KS1 are looking at



shapes and KS2 are looking at negative numbers and place value.

Then we have lunch. Finlay Hadwen (age 6) said, "I like the school dinners because you get different choices and there's a salad bar to keep you healthy". After we have eaten we go out to enjoy our lovely lunchtime break. Tarran Hollinshead, age 9, from year 5 said, "I like playing football with my friends and I like the equipment". In the afternoon we do a range of lessons like history, art, science, PE and swimming. Freya Richards, age 7, year 2 said, "I like swimming because it is fun". At 3.15pm we go home, unless we are doing after school clubs like. ICT. netball. construction club and aardenina.

We enjoy school and lessons and we look forward to coming next morning.

Clunbury Schoolchildren



#### Women's World Day of Prayer

#### Friday 2 March at 7pm Hightown Community Rooms, Clun ALL are welcome

This event is worldwide and the service of music, readings and prayers this year has been written by the Christian women of Suriname. Suriname lies in the north eastern part of South America, and like many countries feels the effects of worldwide climate change: drought, hurricanes and storms. The future of the earth for the next generations matters and we are reminded of our responsibility to look after God's creation.

As well as hymns and prayers of thanks and praise for the beauty of the earth and all that is provided for us, we read the story

of God's creation in Genesis. As the chapter is read, various items are presented to represent all the elements of the creation of our world. Some have been a challenge to find - but by searching and borrowing we shall



bring: a candle, water, fruit, lamp, wooden bird or fish, china animal, and a framed photo of a family. These are wrapped in either paper, plastic, bubble wrap etc and as they are brought to the table, the wrapping is discarded on the floor. We will reflect on our wastefulness and thoughtlessness and the effect this is having on our world. The rubbish will be collected and put in appropriate recycling containers.

The poster shows hands receiving the divine gift ready to pass on to future generations. In the final prayer we will commit to taking care of our world.

#### **Clunbury 100 Club**

Gareth and Victoria Seabury: £20; Lynne Thompson: £15; Peter Halliday: £10; Michael Beedles: £5; Carol Griffiths: £3.

#### Clunton 100 Club

1st: Marlene Huss, £25; 2nd: Jenny Aylwin-Foster, £15;

3rd: James Whitehead, £10.

#### The Charity Bookshop, Craven Arms



As we approach our second birthday under the umbrella of the Furniture Scheme we would like to thank our customers and donors for their support. It has enabled us to maintain a very successful and well -loved facility in the town. Manned by volunteers the shop has excellent reviews from our customers, local and visiting.

We are always on the lookout for new volunteers; most do half a day once a week, with others preferring to join as 'bank' volunteers to cover absences. If you think you would like to give it a try, please come in and have a chat. Forms are available in the shop (located in Drovers' Square).

The Furniture Scheme charity, based in Ludlow, was launched over 20 years ago as a way to ensure some of the most excluded members of the community could benefit from recycled household items. The scheme has since expanded and now offers voluntary opportunities, employment and the chance for members of the community to meet each other.

Charity Bookshop Team

Bedstone Borderlines Film Festival Friday 2 March, 7.30pm My Pure Land Director: Sarmad Masud UK's foreign language entry for the 2018 Oscars. A female led siege thriller

> Friday 9 March, 7.30pm The Party Director: Sally Potter A political tragi-comedy Entry: £4.50

Clungunford Village Hall Friday 23 March, 7.30 doors open, start 8pm Victoria and Abdul Starring Judi Dench Entry: £4; children: £2





# Help to Heat

#### Grants

Oil, bottled gas and electric heated properties receive high funding rates for heating and insulation upgrades.

If you are on a low income with limited savings and either high costs, or a vulnerability to the cold, you could qualify for Help to Heat funding.

In many cases we are able to access full funding for off-gas boiler replacements or storage heater upgrades – with no need to be in receipt of benefits.

We can also assess your eligibility for grants towards fuel costs and give energy saving advice.

Many of our initial calls are made on behalf of neighbours, family and or friends – so, if you think you know someone in need of support, we'd be happy to receive your call.

#### Phone: 0800 112 3743

Email: advice@mea.org.uk



Keep Shropshire Warm is a partnership between Shropshire Council and Marches, Energy Agency, a registered charity specialising in energy advice. Visit www.mea.org.uk

#### **SpArC News**

The pool has three new swimming instructors



Left to right: Feryn Walmsley, George Emerson and Katie Appleby

Help improve health & care in Shropshire in 2018. Contact us and #SpeakUp about your experiences.



01743 237 884

#### Are Equipment Services Working?

You may suffer from long term disabilities or health conditions. *Do you use daily living aids*? You may be recovering

from illness or surgery. Do



equipment to help with your recovery?

We want to hear about your experiences of accessing and returning the equipment you

need to help you live independently.

vou use or need

- How do you discover what is available?
- How is the assessment process handled?
- How do you receive the equipment?
- How is it returned if it is no longer needed?

Healthwatch Shropshire can be contacted at:

enquiries@healthwatchshropshire.co.uk Or call 01743 237 884



The pool will continue to be closed for refurbishment. This involves work additional to the original plan, to combat saturated flooring and a faulty stop tap in the Ladies changing area. While it extends the project, it will hopefully encompass the root causes of what has been a very long-standing problem and should transform changing facilities. The pool is scheduled to reopen on Monday 12 March. Press contact: Jean Shirley 638877. A History of Garden Tools A talk by Bill Laws Wednesday 28 March, 7.30 pm Lydbury North Village Hall

🕽 ill Laws is an author, journalist, gardener and social historian. He has written many books, often rooted in his native Herefordshire. He has contributed to BBC's Radio 4 'Ramblings' and 'Who Do You Think You Are', 'The Telegraph' and 'Period Living' magazine. to name but a few. He says he divides his time between writing, running an allotment and community Victorian garden and restoring old tools.

He describes his talk as 'An entertaining trawl through the history of our garden tools, based on Bill's most recent book, the RHS 'Tales from the Tool Shed : The History of the Fifty Garden Tools'.'

Bill will look at the evolution of garden tools through the centuries, from their earliest incarnations to that favourite 'ergonomically designed, lightweight stainless steel garden hoe that sits so comfortably in your hand and is meant to last a life time'. A fascinating subject that ranges across horticulture, technology and social history.

This talk is free to members of South West Shropshire Gardening Club; visitors are also welcome at £5 per person including refreshments. Any further queries to Sandy Burton 01588 680454 or on our website:

www.gardeningshropshire.co.uk

Sara Metcalf

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# Aston on Clun Community Shop

#### Open Afternoon for New Volunteers 17 March from 1pm – 5pm

Refreshments available all afternoon he open afternoon is to show how a community shop set up four years ago when the local shop closed, has thrived with the help of its committed We are now looking to volunteers. increase the volunteer pool. Come to the open afternoon and meet some of our volunteers. They will be able to answer any questions or concern you may have about volunteering in the shop. Basically, if you can spare an occasional two hours you can either commitment make regular or а volunteer as a backup, as and when gaps need to be filled, and this is extremely helpful too.

If you have never visited the shop before it's the perfect opportunity to look at the wide selection of goods the shop sells and note its commitment to promote food sourced from local producers whenever possible.

Aston on Clun Community shop is a great place to meet new people and make new friends, and by volunteering you will be contributing to its long term future.

If you can't make the date and are interested in volunteering or would like more information please contact:-

David Jones 01588 660493 Carol Loynes 01588 660889

Aston on Clun Village Hall National Theatre Live 22 March, doors open 6.30pm, start 7pm Shakespeare's *Julius Caesar* 

Table TennisEvery Monday at 7.30pm(except the last Monday in the month)£1 a sessionAll welcome

		Events Diary for March 2018	
Thu 1	10-11.30am	Clunbury Café-with a Fair Trade Stall	Clunbury Village Hall
Fri 2	7.30pm	BC Railway Society AGM	Methodist Hall, BC
Fri 2	7.30pm	Borderlines Film Festival: My Pure Land	Bedstone Vilage Hall
Sun 4	11.15am	Morning Prayer	St Swithin's, Clunbury
Sun 4	6pm	Songs of Praise in four-part harmony. Tel 661171 for info.	Kempton Village Hall
Mon 5	9-11.30am	Parent&Toddler Group-every Mon in term time. Just turn up	Clunbury Village Hall
Mon 5	7.30pm	Table Tennis every Mon <b>not</b> the last one of the month $\pounds 1$	Aston on Clun Village Hall
Tue 6	7.30pm	Flicks—Spellbound (1945)—680302	Lydbury North Village Hall
Wed 7		Quiz	Kangaroo Inn, Aston on Clun
Wed 7	8pm	Bishop's Castle Film Society—Hell or High Water	Three Tuns, Bishop's Castle
Thu 8	7pm	NT Live—Cat on a Hot Tin Roof—630321/638038	SpArC
Fri 9	7.30pm	Borderlines Film Festival: The Party	Bedstone Village Hall
Fri 9	6pm-10pm	Ladies Pamper Evening for Clunbury School	Clunbury Village Hall
Fri 9	7.30pm	Don't Get Your Vicars in a Twist—Clungunford Players	Parish Hall, Clungunford
Sat 10	7.30pm	Don't Get Your Vicars in a Twist—Clungunford Players	Parish Hall, Clungunford
Sun 11	9.45am	United Mothering Sunday Service	St Swithin's, Clunbury
Sun 11	2pm	Royal Opera House-Carmen	SpArC
Mon 12		Bishop's Castle Swimming Pool due to open after refurbishn	nent of changing rooms
Tue 13	Mobile Librar	y: Clunbury Bridge 10.10-10.30am, Clunton 10.40-11.00am,	Obley 12.45-12.55pm
Tue 13	2pm	Flicks—Victoria and Abdul—630321/638038	SpArC
Wed 14		Tim's Travels—Orchestra of the Swan—640506	Birmingham Town Hall
Thu 15	10-11.30am	Clunbury Café	Clunbury Village Hall
Thu 15	8pm	Clunbury Parish Council Meeting	Clunbury Village Hall
Thu 15	7.30pm	Tools For Self Reliance South Shropshire AGM	Clun Methodist Church
Thu 15	7pm	Flicks—Loving Vincent—630321/638038	SpArC
Sat 17	10am-1pm	Craft & Collectables Market	Aston on Clun Village Hall
Sat 17	1pm-5pm	Open Afternoon—New Volunteers Aston Community Shop	Aston on Clun Village Hall
Sun 18	6.30pm	United Evening Prayer	St Mary's, Clunton
Wed 21	10.30am	Coffee Morning in aid of St. Mary's Church	The Orchard, Clunton
Wed 21	8pm	Bishop's Castle Film Society—Hummus! The Movie	Three Tuns, Bishop's Castle
Thu 22	7pm	NT Live—Julius Caesar—660493/660893	Aston on Clun Village Hall
Thu 22	7pm	Flicks—Murder on the Orient Express (2017)—630321/638038	SpArC
Fri 23	8pm	Flicks—Victoria and Abdul-660159	Parish Hall, Clungunford
Sat 24	7.30pm	Flicks—Paddington 2—660545	Aston on Clun Village Hall
Sun 25	11.15am	Palm Sunday United BCP Holy Communion	St Swithin's, Clunbury
Tue 27			
Wed 28	7.30pm	SWSGC—A History of Garden Tools	Lydbury North Village Hall
Thu 29	10-11.30am	Clunbury Café	Clunbury Village Hall
Thu 29		Clunbury School End of Term	
Thu 29	6pm	Flicks—Paddington 2—630321/638038	SpArC
Fri 30	3pm	Good Friday Walk with the Cross up Clunbury Hill	

The Parish Post thanks the Aston on Clun Community Shop for its generous grant

Bishop's Castle 33rd Tandem Triathlon Register now for 30 June 2018 Contact: bctandemtriathlon@outlook.com Or 01588 680449

Bishops Castle - TANDEM TRIATHLON