for Beambridge Clunbury Clunton Coston Cwm Kempton Little Brampton Obley Purslow The Llan & Twitchen

### What a Pumpkin Good Feast!

lunbury School Gardeners joined forces with St Swithin's Church, Clunbury ✓ Village Hall and The Parish Post, on Monday 7 October, to host a tea party in celebration of the magnificent crop of 31 pumpkins that the children grew in their school garden.

It was a packed and lively hall and quests were able to buy pumpkins and products made from pumpkins, which had been created by some of the parents and villagers. The children made excellent shopkeepers; we discovered we had a budding market trader in our midst.

The Parish Post brought their games which were very popular, as was Mrs Whitehead's "Find the Half Ball" game. Raffle prizes were produced from the garden, with profits donated to the Air Ambulance Charity. We are pleased to say we raised £333.56 for them.



Thank you to all who contributed, making cakes, sandwiches, products and games for the front of house and the kitchen team who kept the tea flowing and did all the washing up. A very special thanks to the Clunbury School Gardeners who made this exciting community event possible. Eirlys Ellams

### An Evening with Supper and Local Memories from a GP and an OAP

(Dr Nick Howell and Dorothy) Friday 15 November, 7pm Clunton Village Hall

Come and enjoy the entertaining talk

with 2 Course HOT SUPPER.

Licensed bar

Table quiz

In aid of St Mary's Church, Clunton Tickets £12.50 from Pat (660169) or Clare (07790 104234) (numbers are limited get your ticket soon)



Please send your contributions by the 20th of each month

/ ith climate change and climate emergency dominatina headlines, the Parish Post has this month received two contributions on this crucial issue. In the first, Lynne Thompson araues that even seeminalv personal steps can make a big difference. while Evelyn Bowles reports back from an open meeting in September at which local groups made presentations about their work and activities. Both are agreed on the need for action and on the importance about what communication happening locally.

**Small Steps BIG Changes** 

Given the sheer size of the problem of climate change, people could be forgiven for feeling completely overwhelmed and helpless to do anything that would make a difference.

This way of thinking, whilst understandable could not be more wrong, doing something however small cannot be worse than doing nothing at all!

So, let us narrow things down to make it more manageable and meaningful. There are things that we can all do and in many cases are already doing. A lot of us recycle and many of us grow our own fruit and vegetables, collect our own seeds and make jams and chutneys to use up the harvest. These are just a few examples; I am sure there are many more of you who are recycling, upcycling and much more so we need to celebrate this and share these ideas.

Yes, many of the larger-scale changes will need to come from policy makers and industry but we have to start somewhere; together people can and do make a difference and also become a shining example of good practice.

We could have a community corner in Clunbury Village Hall on Coffee mornings where we could bring and share our surplus produce and any items that have been saved from landfill.

It was called 'make do and mend' during the war, but the new catchphrase seems to be 'slow fashion'. Clunbury Craft Group are encouraging people to join us and recycle/upcycle clothes and save them from landfill! Mary Jones has lots of experience as do some others in the group who are happy to help people, especially those who are beginners.

It would be great to have a regular slot in the Parish Post for sharing your ideas for saving energy, recycling and repurposing disposable items.

This is just a starter for ten and by no means set in stone so please share your thoughts and ideas by emailing the Parish Post or contact Lynne Thompson 661180 Let's make a difference together!

Lvnne Thompson

**Local Groups in Action** 

S even local groups taking the initiative and setting an example for 'behind the curve' politicians made presentations about their work and activities at a recent open meeting in Bishop's Castle.

Restore The groups are: the **Project** Shropshire Verges which supports biodiversity along vital wildlife corridors: Fight the Plastic campaigns to eliminate plastic waste from the environment; the Bishop's Castle Sustainability Working Group which works on food resilience, better transport and green energy options; and XR who underlined the urgent need for action to both *mitigate* and *prepare* for inevitable global temperature rises. Additional contributions came from Shropshire Labour for a Green New Deal: pushing hard for Labour to adopt radical and socially just policies to reduce CO2 emissions: the Middle Marches Community Land Trust which is working particularly with local farmers to promote sustainable agriculture; and the very new Clun Climate and Environment Group.

One strong conclusion was that all these groups need to keep in touch to avoid duplication. One way is to use this local mapping and contact at:

https://

middlemarchescommunitylandtrust.org.uk/the-hub/community-map/ cont on page 3

continued from page 2

the Regional Since meetina. the Friends of the Earth office (FoE) has added several of these groups, which are listed as Climate Action Groups (CAGs) for this area. Once registered, FoE will regularly update all CAGs in their national network with ideas for action. Lobbying ideas for approaching local politicians can be found here: https:// policy.friendsoftheearth.uk/reports/20actions-parish-and-town-councils-cantake-climate-and-nature-emergency I will pass on contact details to any of the listed groups if readers contact me at evelvnbowles@decorich.plus.com

Evelyn Bowles

# Clear your diary on 30 November!

This is the day when the Woodland Trust is calling on people across the UK to plant one million trees in a bid to tackle climate change.



### Caring for God's Acre

The last fine day in October about a dozen volunteers from Caring for God's Acre arrived at the churchyard armed with scythes and sickles and loppers to cut back the dense thickets of brambles that have grown up since Ron Mold's tups last grazed there.

They achieved such a lot not only in the clearing work but, with no machines, there was the gentle sound of chatter and laughter all day, and the grating of huge sacks of debris being hauled down the path. I learnt a huge amount about churchyards for they discovered a very unusual fungus, an unusual gravestone and a hibernating hedgehog (left in peace). Habitat was created or conserved and they are already talking of a wild flower meadow very soon!

Thank you to them all; they were good company and full of information. Thank you to others in the village for their help and support, as, fuelled by our cake and coffee, they have said they will return to do more work soon.

Christina Whitehead

### **Recycling in Clunbury**

Iunbury School now has an outdoor textile recycling bank for all in the



community to Located at the top of the driveway. Proceeds go directly to the school. Please put all vour unwanted clean bedding, clothes. shoes and bags in the bank and help raise much needed funds for the school.

### **Parish Post AGM**



Thursday 21 November Clunbury Village Hall 7.30pm

# Fun Quiz

Bedstone and Hopton Castle Village Hall **at Bedstone** 



# Wednesday 6<sup>th</sup> November 7.30pm

Refreshments provided. Raffle.
Bring own beer/wine.
TEAMS OF 4. Come as a team

or come and join one.

£2.50 per person.

Ring 01547 530282 to book or for information.



# The Wild Flowers of South Shropshire

A Talk by Fiona Gomersall

## Wednesday 27 November 7.30 pm

Lydbury North Village Hall

This month's speaker is Fiona Gomersall from The Shropshire Wildlife Trust.

Fiona, a botanist by training, has worked for the trust for the past twelve years as their Conservation Officer. Fiona also works with local land owners and farmers encouraging them to help protect the natural flora of the area.

Her beautifully illustrated talk will focus on the wild flowers found in the varied habitats of South Shropshire.

We will be looking at just some of the glorious flora growing in bogland, meadows, woodland and upland areas.

We will also be looking at both the rare and the beautiful, for example a rare wood vetch that only grows at Bury Ditches. Hopefully, this will inspire us to find out more and to ask how we can best support their work. An important and totally absorbing subject.

Free to members of South West Shropshire Gardening Club; visitors are welcome at £5 per person including refreshments. Further queries to our Chairman, Sandy Burton 01588 680454 or please look at our website:

www.gardeningshropshire.co.uk Sarah Metcalf

Flicks. Clungunford Friday November 8pm—Red Joan. Based on a sensational true story, Joan Stanley is a widow living out a quiet retirement in the suburbs when she's arrested, charged with providina classified scientific information about the building of the atomic bomb to the Soviet Union. Joan relives the dramatic events that shaped her life and beliefs. Starring Judi Dench.



Advance Notices (events that need to be booked or prepared in November)

Clunbury Church are planning to have a display of nativity scenes over the Christmas period. The Clunbury School children are

bringing their contributions to the church on Friday 6 December. If you have a nativity scene which you would like to add to the display we would welcome your contribution. Please bring them to the church on or soon after 6 December. We would like the display to stay in church until the New Year.

↑ ston on Clun Village Hall are organizing a coach trip to Birmingham for Christmas Wednesday shopping on December. The coach will depart the Village Hall at 8.30am and Birmingham at 4pm arriving back in Aston at about 6pm. The famous Christmas market will be in full swing and Birmingham offers a wide range of shops including the large John Lewis as well as museums and galleries, and abundant restaurants and cafés. Tickets £12.50. Book early: call

Jeff Else 660893 or David Jones 660493.

## Healthwatch Shropshire Wants your Feedback about General Practice Access

ealthwatch Shropshire, the local independent consumer champion for health and social care, would like to know about people's experiences of using their GP services, how easy is it to access their GP or practice nurse?

The NHS recommends that people with fevers, stomach upset, aches & pains or headaches contact the local pharmacist instead of their GP. If people can't easily get an appointment with their GP and use other services such as their local pharmacy, Healthwatch would like to hear about that experience as well.

Among other functions, Healthwatch Shropshire provides the Independent Health Complaints Advocacy Service (IHCAS) for Shropshire, which itself provides information, advice and, if necessary, can support people through the NHS complaints process.

Healthwatch Shropshire can be contacted on 01743 237884 or

enquiries@healthwatchshropshire.co.uk



### Get your flu jab now!

Flu season is coming and GP vaccination clinics are happening now. Contact your local GP for a jab if you are not

already on their list for one.

#### 100 Clubs

**Clunbury 100 Club** – October winners: Jo Selman £20; Alice Whymark £15; Gareth & Victoria Seabury £10; Peter Halliday £5; Hazel Grimes £5.

**Clunton 100 Club Winners: September:** 1<sup>st</sup> Anne Shepherdson; 2<sup>nd</sup> Mike Minns; 3<sup>rd</sup> David Pearson. *October:* 1<sup>st</sup> Judy Davies; 2<sup>nd</sup> Carol Griffiths; 3<sup>rd</sup> Tony Malpas. There are still some subscriptions outstanding and we now have less than 100 members. Please join up to continue to help our church. Half the fund goes for prizes and half to Clunton Church. Contact Pat 660169.

#### CONTACTS

Email: theparishpost@gmail.com
Phone: Lynne Thompson 661180

or Pat Harding 660169

Website: theparishpost.org

If you (or family or friends living outside the parish) would like to receive The Parish Post by email please contact us at theparishpost@gmail.com

The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

### Police Talk on Reducing Crime

As part of their 'We Don't Buy Crime' initiative, West Mercia Police will give a presentation at the next Parish Council meeting in Clunbury Village Hall on Thursday 14 November at 8pm. All are welcome to attend. There is the potential for residents to get free SmartWater. This is a sophisticated security system that protects property, deters thieves and helps the police to convict criminals.



### Aston on Clun Village Hall Events

**Saturday 2 November** Doors open 7pm. *Mountain Music*—live music and theatre. Award winning Little Bulb Theatre weave a tapestry both historical and fantastical in an unforgettable evening of story and song. Tickets £10.

#### FLICKS: Saturday 23 November 7.30pm

Rocketman starring Taron Egerton and Jamie Bell. A musical fantasy about the fantastical human story of Elton John's breakthrough years. Phone 660545 to book. Tickets £5.

#### **NATIONAL THEATRE LIVE:**

**Saturday 7 November, 7pm** Hansard Live broadcast from the National Theatre in London. Stars two-time Olivier Award winners, Lindsay Duncan and Alex Jennings in this brandnew play by Simon Wood. Doors open 6.30pm for 7.00 start. Tickets £10 (£6 under 18s).

		Events Diary for November 2019	
Mondays	0-11 30am	Parent & Toddler Group. Just turn up	Clunbury Village Hall
Mondays 9-11.30am Mondays 10.00am		Table Tennis every Mon <b>not</b> the last one of the month £1	Aston on Clun Village Hall
Tues 9.15-10.45am		Yoga Sessions every Tuesday–Beginners Welcome	Clunbury Village Hall
Wednesdays 2.00pm		Clungunford Bowls 07951 292496	Clungunford Bowling Club
Thursdays 2-4pm		Table Tennis £3 per session–660847/07970-577614	Clungunford Parish Hall
Thurs 7 10–11.30am		Clunbury Café alternate Thursdays	Clunbury Village Hall
Fri 1	7.30-10pm	Bishop's Castle Railway Society 638998	Methodist Hall BC
Fri 1	7.30pm	The Swing Collective 07976 727959	Clungunford Village Hall
Sat 2	7.30pm	NT Live–Mountain Music 660493/660893	Aston On Clun Village Hall
Sun 3	11.15am	Morning Prayer	St Swithin's Clunbury
Tue 5	7.30pm	Flicks–A Private War 680302	Lydbury North Village Hall
Wed 6	7.30pm	Fun Quiz-01574 530282	Bedstone Village Hall
Wed 6	8.00pm	BC Film Society–Capernaun 01694 328261	Bishop's Castle Three Tuns
	7.00pm	NT Live-Hansard 630321	SpArC
	7.00pm	NT Live-Hansard 660493/660893	Aston On Clun Village Hall
Sat 9	6.00pm	Curry and Quiz Night	Clunbury School
Sun 10	10.45am	Remembrance Service	St Swithin's Clunbury
Sun 10	12.30pm	Memorial Service	Purslow War Memorial
Mon 11	10.30am	Clunbury School Remembrance Service	St Swithin's Clunbury
	7.30pm	Flower Demonstration–Touch of Sparkle 660242	Aston On Clun Village Hall
Wed 13	3-3.15pm	Mobile Library	Clunbury Bridge
Thur 14		Parish Council meeting. Police presentation	Clunbury Village Hall
Thur 14	7.30pm	More2screen-42nd Street the musical 630321/638038	SpArC
Fri 15	8.00pm	Flicks–Red Joan 660159	Clungunford Village Hall
Fri 15	10-1.00pm	Sewing Workshop-Clunbury Craft Group 661180	Clunbury Village Hall
Sat 16	10-1.00pm	Aston-On-Clun Craft & Collectables 660492/660292	Aston On Clun Village Hall
Sun 17	6.30pm	United BCP Evensong	St Swithin's Clunbury
Tues 19	2.00pm	Flicks–Calamity Jane 630321/638038	SpArC
Wed 20	8.00pm	BC Film Society–Cold War 01694 328261	Bishop's Castle Three Tuns
Thur 21	7.00pm	Flicks-The Sisters Brothers 630321/638038	SpArC
Thur 21	7.30pm	Parish Post AGM	Clunbury Village Hall
Sat 23	7.30pm	Flicks-Rocketman 660493/660893	Aston On Clun Village Hall
Sun 24	11.15am	United service	St Mary's Clunton
Wed 27	10-1.00pm	Clunbury Craft Group 661180	Clunbury Village Hall
Wed 27	3 -3.15pm	Mobile Library	Clunbury Bridge
Wed 27	7.30pm	SWSGC-The Wild Flowers of South Shropshire 680454	Lydbury North Village Hall

### **Advance Notices**

Wednesday 11 December 6pm at Clunbury Village Hall: Clunbury School Christmas Bingo .

Friday 10 January 7.30pm & Saturday 11 January 2.30pm at Clungunford Village Hall Pantomime: Dick Titterstones and the Mayor of Clunfunford