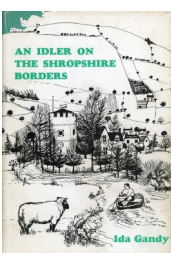


Ida Gandy 1885-1977

Ida Gandy was born in 1885, in Wiltshire where she spent her childhood. She was a compulsive writer and social reformer, undertaking social work in London as a young woman. She met Dr Thomas Gandy in Peppard, Oxfordshire, where they married in 1915, and lived there for 15 years, having 3 children Christopher, Robin and Jill.

Ida began to write novels and stage plays for local amateurs, some of which were published, and others widely performed. In 1930 Ida persuaded her husband to move to Clunbury, in Shropshire, where he became the local GP, lay preacher and Church Warden in St Swithin's, Clunbury. Ida was very active in the local Women's Institute, and during WW2 was the Billeting Officer for the Clun Valley, placing evacuees in good homes. Thus, she met many characters and families, recording them, at great length, in her wartime diaries.



In 1970, her passion for the unspoilt Shropshire landscape led to writing "An Idler on the Shropshire Borders." A nostalgic book of fine descriptions and reminiscence. Her plays were performed in Clunbury by local amateurs, such as Harry Meredith and Les Wadsworth, and later broadcast on radio at Birmingham radio studios. Some of her books include Sunset Island (1929); A Wiltshire Childhood (1930); Under the Chestnut Tree (1938); Round About the Little Steeple (1960); Staying With the Aunts (1966); An Idler on the Shropshire Border (1970); The Heart of the Village (1975).

Ida passed away in September 1977, and has a great literary following nationwide, but especially in Shropshire.

Much of this article has been taken from the introduction of an Idler on the Shropshire Borders.

A talk about Ida's wartime diaries is being held in Clunbury Village Hall. Numbers are limited so please be sure to book a place if you are interested to avoid disappointment!

Ida Gandy

Clunbury village hall is hosting a talk by Jane Cursiter about Ida Gandy's wartime diaries.
12 October 2-4pm
Light refreshments provided
Entrance **Free**

Please book early to avoid disappointment
Places are limited due to Covid restrictions
Contact Barbara 660629



Clunbury Scary Crow Competition
October Half Term
Clunbury residents are invited to design a scary crow for Halloween. Prizes awarded for the most innovative!
Scary Crows will be judged in your front gardens on **Saturday 30 October**
GOOD LUCK!

SHCT Ride & Stride

Clunton cyclists, Ian and Kate Davies visited 14 churches and covered 47 miles. Alex walked from Clunton to Clunbury and Pat and Judy visited 5 churches by car. Clunton have been taking part in this since 2002 and in the early days had quite a team of cyclists. Age and old bones catches up with us - but we are still doing well, with Ian Davies having taken part every year. Clunbury first timers, Duncan Brown, Julia Mansfield, Ann & Peter Brown, Lynne & Alister Thompson walked from Clunbury over the hill to Clunbury raising £160 between them. So far Clunton have raised £350. Sponsorship still open! Contact Pat 660169.



Please send your contributions by the 20th of each month

Amazing Fundraising for the Air Ambulance



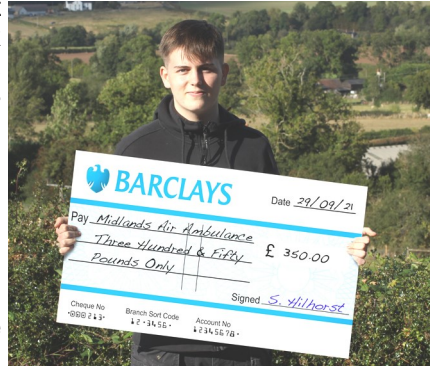
Clunbury have been very busy this year raising much needed funds for the West Midlands Air Ambulance. The Village Hall held a coffee morning in the garden of Madeline Matveieff, with coffee and delicious homemade cakes. A raffle and guess how many jelly beans in the jar all helped to raise a fantastic £570.



Judith Payling also completed the Air 30 Air base challenge, completing 121 miles on her exercise bike raising £500 and has received a medal in recognition of her efforts.

You may remember the terrible accident a few months ago involving Shaun Hilhorst coming home from work on his motorbike and a delivery driver. Shaun was airlifted to hospital by the Air Ambulance and thanks to them Shaun has survived and is here to tell the tale.

It is going to take time and he will need to make a lot of adjustments, but he is doing extremely well and has returned to college. So grateful are Shaun's family that they have donated £350 to the Air Ambulance.



Lynne Thompson also raised £200 from a plant sale back in May and Barbara Freeman, who is moving house, has collected £125 in donations from her yard sale. So all in all, Clunbury and everyone who supported/sponsored these events can be very proud of what they have achieved in the last few months.

Raising the Grand Total of **£1,745.00** Thank you everyone!

Lynne Thompson



Clunbury 100 club

Penny Grimes £20; Barbara Freeman £15; Annie Sutton £10; Jasper Grimes £5; Pat Harding £5

Clunton 100 Club August

1st Ann Malpas; 2nd Joy Jagger; 3rd Billie Whithead

CONTACTS

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Website: theparishpost.org

Phone: Lynne Thompson 661180
or Pat Harding 660169

If you (or family or friends living outside the parish) would like to receive The Parish Post by email please contact us at theparishpost@gmail.com

The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

Dedication of the new facilities at St Swithin's Clunbury

A service was held at St Swithin's Church Clunbury on Sunday 18th Sept to dedicate the new facilities in the vestry. The service was carried out by Bishop Richard of Hereford and the Archdeacon, The Venerable Fiona Gibson. Gwen Sideaway, from Shropshire Historic Churches Trust presented a cheque for £5,750 towards the costs. This was followed by afternoon tea in the garden of the Old Vicarage with kind permission of Madeline Matveieff. It was a lovely afternoon in the autumn sunshine if a little cool. The new facilities will enable St Swithin's to offer more activities within the community, starting with the Harvest Festival on 1st October.



Bishop Richard of Hereford and, to his right, the Archdeacon, Fiona Gibson



The Bishop of Hereford holding the service at St Swithin's Clunbury



From left to right: Madeline Matveieff, the Bishop with his wife and David Mansfield



**St Swithin's
Church Clunbury**



**invites you to our
Harvest Festival
Friday 1st October, 7pm
followed by wine and
nibbles in the Church
Donations in aid of the
Lingen Davies Cancer
Appeal
Everyone Welcome**



**ST MARY'S CHURCH,
CLUNTON
HARVEST
THANKSGIVING
Friday 8 October
7.00pm**

Service led by Rev Debbie Venables
followed by HARVEST SUPPER
at The Orchard
Donations at the supper to go to
Tearfund



Report of Parish Council Meeting 23 September 2021

Climate Change and the Council's role in the Community - Presentation by Mr Allan Wilson from Save our Shropshire (SOS)

'Save our Shropshire' is an organisation devoted to providing climate change learning that catalyses action to reduce greenhouse gas emissions and so enable Shropshire to meet a target of net zero carbon by 2030. Mr Wilson's presentation focused on the need for behaviour change in the light of the climate emergency and how it is affecting the global and local picture. He drew some interesting comparisons between Pontesbury and Clunbury. He pointed out that, because the former has many more amenities than Clunbury, a mainly agricultural area with limited access to sustainable travel, that our carbon footprint was inevitably much higher than Pontesbury. However, he emphasised everyone can make a difference by examining their own lifestyle and community and changing their own behaviour in a positive way.

Transport is clearly implicated as an issue for rural communities with minimal public transport and may be an arena for innovative ideas. He cited the example of Holmfirth where substantial grants have been awarded to support the development of local initiatives. SOS has developed a course to help householders in Shropshire to understand how they can combat climate change. It explores what the world is doing about it, and how individuals and communities can take practical steps to engage in action. It focuses on the need for behaviour change at all levels. Local councillors can take part in training offered by SOS. The meeting was informed that two places have been booked for council members. Questions at the end of the presentation sought clarification of the statistics which had been presented and members of the public expressed an interest in the training courses which may be available.

Their website is saveourshropshire.org

Report from Shropshire Cllr N Hartin

Shropshire Council has decided not to proceed with the move from the Shirehall to the Pride Hill centre in Shrewsbury after all. Neither will the Council stay at the Shirehall due to the

cost of repairs required, (well in excess of the £24.7M.) A confidential report will come back to Council setting out options at a later stage, hopefully in public. After negotiating a large demo by the Extinction Rebellion group outside Theatre Severn complete with large polar bear over the Council's lack of progress on its Climate Action Plan, Council discussed a number of issues including Active Travel Plans for Cycling & walking & whether the Council was setting enough aside from its Highways budgets, the lack of accessibility for disabled people in Shrewsbury, whether the Council was making enough progress in its efforts to achieve carbon reductions in the light of it declaring a climate emergency in 2019, (the administration voted to say it was, the opposition parties it wasn't), whether the Council should close Highways depots in Bridgnorth & Highley, (a petition from 2,000 residents of the area wanted the decision to be deferred for further investigation, but the administration would not agree to stop the closures saying instead it would investigate whether they could be reopened at some point in the future). It also addressed the West Midlands Ambulance Service proposals to close 10 ambulance stations, 4 of which are in Shropshire, including locally Craven Arms – (it decided to write some letters to Ministers & MPs etc!). The Council administration also decided that the trial of pedestrianisation in various parts of Shrewsbury centre might possibly be reinstated, a final decision to be taken by Cabinet in October.

Shropshire Council's Deputy Leader & Portfolio holder for Highways Cllr Steve Charmley from Whittington announced today he is resigning as Deputy Leader & Portfolio holder on health grounds, although he will stay on as a councillor. His role as Deputy Leader will be taken up by Cllr Ed Potter & his Portfolio by Cllr Dean Carroll with Cllr Simon Jones stepping up into the Cabinet to replace Dean Carroll as portfolio holder for social care. At Council, in the light of the fact that in 9 years we won't be able to buy new petrol or diesel cars in the UK, Nigel raised a question over the very slow roll out of EV infrastructure across the County in stark contrast to

neighbouring counties like Herefordshire & Powys who are forging ahead with the installation of many EV points across their respective Counties, he asked why Shropshire is so slow in doing anything which was ignored by the Portfolio holder in his response but who told members that Shropshire Council is about to commission, with the aid of significant external funding, a network of 50 EV points mostly across our market towns focussing on car parks close to residential areas. Nigel posed a supplementary question asking when the Council intends to do anything about EV points in more rural areas, where currently we have to rely on the Fire Service points at rural Fire Stations such as in Clun (other Councils are actively working with local communities, Parish & Town Councils to identify sites and many Councils have already successfully bid for funds to roll EV points across their rural areas!) - he was told that the Council will get to the rural areas eventually!! Finally in other matters, back in August the Council's Head of Planning Ian Kilby has moved to Berry's as Head of Developments & Projects whilst two new planning staff have been welcomed from Berry's.

Council finances

Account balances were noted
Settlement of accounts was approved

Planning

Honeysuckle Cottage, Clunton An extension - no objection

Lanbrook An extension - no objection

Hawthorn Cottage, Beambridge A proposed dwelling – no objection

Enforcement case at Little Brampton - noted
Roads/street scene:

Clunton Bridge Works Work was promised for a start on 11 August but this was cancelled with no explanation given. Councillor Croxton has been in discussion with the Highways Department and was informed there was no budget available. He emphasised that without action it will be inevitable that flooding will occur. He

hopes that action will take place soon.

Street lights

Light outside the Malthouse is now working and Parish Council will not be charged.

Speed Controls

Clunton Posts for signs No further forward with installation of poles so speed signs cannot yet be installed.

Kempton Traffic monitoring strips have been in road for seven days from w/b 21 September.

Purslow BT pole - nothing to report.

Parish Council management

It was noted that the Clunbury Parish Council are using the correct model. Shropshire have produced a new model and all Council members are content that this is being adhered to. It will be published on the website.

Local Government Association Model Councillor Code of Conduct 2020

– Proposal to accept this model was passed.

Vexatious Procedure – agreed and adopted

Any other business Progress regarding the Smartwater project was queried. Covid lockdown had interrupted progress. This will be followed up.

Climate Group: A report was tabled relating to Himalayan Balsam control, the Nature Recovery Network, electric vehicle charging points and Cop 26. The full text is on the Parish Post website.

Open discussion

In future members of the public who wish to speak should notify the Parish Clerk in writing about the nature of the topic they wish to address. THREE MINUTES ONLY will be allowed per member of the public who wishes to speak.

Rachel Morris Jones raised several issues about data protection which were noted and the meeting was informed that these have now been resolved by the Clerk.

Date and venue for next meeting: To be advised

Judith Payling



Making the Most of Rosehips

The wild rosehips adorning our hedgerows at the moment have a wide array of medicinal and culinary uses. Well known for its high vitamin C levels (over 20 times more than oranges per 100g) Rosehip syrup was a staple children's supplement for centuries. However, boiling reduces the nutritional and medicinal value.

Recent studies have focused on rosehips' ability to modulate inflammation and reduce pain, including, osteoarthritis in hips or knees, or a reduction in PMS symptoms when drunk as rose tea. Rosehips' astringent power, is considered good for toning loose tissue such as loose teeth in gums or when the intestinal tract is irritated by diarrhea.

The threefold actions: supporting immunity, elimination and cooling make rosehips a superb natural reliever of cold and 'flu symptoms. For the greatest benefit, eat them fresh, after the first frost for a softer, sweeter taste. Remove the seeds and seed hairs with your thumbnail, and eat the red bit. Be careful not to eat the irritating hairs.

Rosehip Brandy: half fill a jar with washed whole hips (no need to prepare them in any way) and fill to the top with a good brandy. Seal the jar with a tight fitting lid and store for 3 months out of direct sunlight, shaking occasionally. When the brandy turns pinky-red and takes on the flavour of the rosehips, drain off the liquid and bottle.



Rosehip Powder: Hips are better after a frost, alternatively, replicate this effect by freezing them for 24 hours (no longer). Spread on paper and dry in a sunny window, airing cupboard or dehydrator. Blitz in a food processor into small chunks. Sieve the rosehips pieces, shaking gently onto a newspaper removing the irritating seed hairs.

This is really important, taking care not to breathe any in as you work! Blend rosehip pieces into a powder store in a sealed jar. Sprinkle on food or use as tea.

The full article can be found on the PP website including references used in this article.

Faith Tilleray

COP 26: BC to Glasgee with Bamber and Bear

Clunbury residents will be joining Bamber Hawes on 10 October when he sets out from Bishop's Castle on his 306 mile walk to Glasgow for the start of the COP 26 United Nations Climate Change Conference. The first leg of his 22-day pilgrimage, will take him the 14 miles from BC to Longden.

Bamber will be taking Clarion with him the 10-foot-tall Polar Bear he has made from bamboo poles, willow withies, and layers of paper bonded with PVA glue. Bamber says 'He Ain't Heavy', referencing no doubt the song 'He Ain't Heavy, He's My Brother'.

This is just one of a series of pilgrimages demonstrating to COP 26 delegates our commitment to a living breathing Earth and the future of all life, including that of bears, upon it. The largest pilgrimage is the Camino to COP, a series of walks starting from London, Bristol and other centres across the country. These included Hereford – a pilgrimage which passed through Ludlow recently on its way to



converge with other pilgrims on the route north from Birmingham to Glasgow.

If you would like to cheer Bamber on his way, walk all or part of the way with him, or

collect walkers at the end of the day, details are available on

Instagram: @clarion_the_bear

Facebook: Clarion_the_Bear

Twitter: @BearClarion

Departure from BC Town Hall 8.30am

Tom Wall

Kitchen Cupboard

It's that time of year again when we are gathering in the fruits of our harvests. Chutneys are a great way to preserve them and enjoy all through the winter months.

Green Tomato Chutney

1½lbs Green tomatoes; 1½lbs onions ;1lb apples; 1½lbs dark brown sugar; 1½pts malt vinegar ; 1oz ground ginger; ½ tsp turmeric; 1 tblsp salt; 3 tblsp cornflower; shake of pepper.

Method:

Put tomatoes, apples & onions through a mincer. Place in large saucepan with sugar & 1pt vinegar, boil for 5mins. Meanwhile mix dry ingredients with remaining vinegar. Add to saucepan & boil again for 2 mins. Pour into clean sterilized jars with plastic lids. (taken from Cuthbert's cookbook)



Cheese Straws

Marilyn Spencer made some very morish cheese straws for the afternoon tea with the Bishop, everyone said how good they were so we persuaded her to let us have the recipe.

2oz flour; 2oz grated cheese, 2oz butter; 1/2 tsp mustard; yolk of 1 egg; salt & cayenne pepper.

Method

Sift the flour into a basin, add mustard, salt, cayenne pepper & grated cheese. Rub in the butter, mix to a paste with yolk & a little water if needed. Knead slightly, roll out on pastry board and cut into 3" strips place on greased baking tin, bake in quick oven.

This recipe is from Household Encyclopaedia (approx 1958) and was gifted to Marilyn for her 13th birthday — by a BOY!



Mary Jones

Gardening Corner—Autumn



With this season almost at an end, now is the time to start thinking about next year. Herbaceous perennials can be lifted, divided and replanted but don't leave it too late – they need a few weeks to establish before the winter shut down. To make life easier for them, cut off any tall leafy stems so that the plant focuses on establishing its roots rather than its growth. Giving camellias a weekly watering will encourage fatter flower buds next spring. Potted agapanthus will appreciate a feed of potash. The easiest way to do this is to use any leftover tomato feed. This will encourage improved flowering next Summer.

Dahlias will need lifting or covering once the first frosts appear. We didn't have a great success leaving them in the ground over winter so will be lifting them and allowing the soil on them to dry before storing in a cool dark place.

Leaves will need gathering off lawns but before adding them to the compost heap consider whether there are any diseased specimens amongst them. Adding these to the compost bin may facilitate the spread of the disease.



Amateur Gardener

Events Diary for October 2021

Every Monday		Parent & Toddler Group in term time	Clunbury Village Hall
Every Tuesday		Table Tennis 2.00-4.00pm 01588 660847	Clungunford
Every Thursday		Mobile Post Office: 1.15-2.00pm	Clunton Village Hall
Every Thursday		Mobile Post Office: 2.15-3.00pm	Clunbury Village Hall
Half term		Scary Crows — More info 01588 661180	Clunbury Village
Fri 1	7.00pm	Harvest Festival	St Swithin's Clunbury
Sat 2	7.30pm	Opera – Il Tabarro	SpArC
Thurs 7	10-11.30am	Clunbury café	Clunbury Village hall
Fri 8	7.00pm	Harvest Festival	St Mary's, Clunton
Sat 9	7.30-11.00pm	Saturday Night dance with Double Focus	Clungunford Village Hall
Sun 10	11.15am	Holy Communion	St Swithin's Clunbury
Tues 12	2-4pm	Talk — Ida Gandy's Wartime Diaries	Clunbury Village Hall
Fri 15	7.30pm	Jacaranda — Play performed by Pentabus	Clungunford Village Hall
Sat 16	10am-1pm	Craft & Collectables Market	Aston on Clun Village Hall
Sun 17	11.15am	Morning Prayer	St Mary's Clunton
Sun 17	7.30pm	Live Music - Claude Bourbon	SpArC
Sun 24	11.15am	Holy Communion	St Swithin's Clunbury
Thur 21	10-11.30am	Clunbury café	Clunbury Village hall
Fri 29	7.30pm	Live Music - Edgebanks	SpArC
Sun 31	10.00	Benefice United Service for All Souls Day	St George's, Clun

healthwatch Healthwatch Shropshire has just published a report into the experience of people trying to get routine NHS dentist appointments in Shropshire. The main findings were that there is poor access to routine NHS dental services across Shropshire but this appears to be worse in some areas, particularly Oswestry and Market Drayton. There is a lack of accurate information about whether there are dentists taking on NHS patients. There is confusion caused by the current approach to the issue of “registration” because of a widely held misconception that patients are registered with an NHS dental service in the same way that a patient registers with a GP practice.

The report and its recommendations can be found here:

<https://www.healthwatchshropshire.co.uk/report/2021-09-02/access-nhs-dental-services>

Temporary Road Closure

A488 Clun to Bishop's Castle

Start Date: 27th September 2021

End Date: 1st October 2021

From 09.30 to 16.00

You can view the closure and diversion route by clicking here:

<https://one.network/?tm=123437444>

Note from Jackie Williams

Thank you as always for this “country catch-up” which I enjoy every month. I find it now easier to read instead of the columns as in the past. Following up on the Locke family saga, recently in Much Wenlock I met a descendant of that family who has written a booklet (available at the Guildhall in M/W) about the direct connection with a member of the family portrayed under another name in “Gone to Earth”. The author lives in Wenlock.

NB: Gone to Earth is a book by Mary Webb