

THE PARISH POST

For Beambridge Clunbury Coston Cwm Kempton Little Brampton Obley Purslow The Llan & Twichen

Local News

WALK OF WITNESS

On Good Friday about 50 people attended this traditional walk of witness from the church up Clunbury Hill – raising the Cross at the top of the hill. Afterwards they enjoyed tea & hot cross buns at St Swithin’s.



PHOTO COMPETITION

These three entries have been received for the photo competition to find suitable photos for the front cover of the Parish Post and for our Facebook page. The competition will remain open for another month so please do send in your entries of local scenes to articles@theparishpost.org by 20th May 2022.



Hector Lyttle
View of Merry Hill from Kempton



Beej Parmar – Sunrise at Little Brampton Crossroads



Lucy Lewis

RAINBOW TO THE FUTURE FLOWER FESTIVAL

Written by Sue Thornley



After all the challenges of the last 2 years with Covid, St Laurence's flower team are well under way with their plans to celebrate all the amazingly good that came to life in 2020 and 2021. This event will showcase how Ludlow and its surrounding areas rallied around to ensure that the area took care of itself, from the start of the pandemic to today. The flower team started fundraising for the festival with Cake and Christmas crafts at Ludlow's Medieval Bazaar, and are grateful to add sponsorship from Florabunda, Twigs, Borage & Bloom and the Ludlow War Memorial Group who are taking part in the displays, as well as Churches in the Ludlow area. Our special thanks go to McConnells for being our main sponsors. We hope that the Flower Festival will be well visited by locals and tourists and that it brings a buzz to the town with some amazing floral displays, a community art exhibition and musical events every lunchtime.

We would be grateful to anyone who would like to take part in the festival, whether it is with the setting up of the display on 6th to 8th July, or helping to keep all the displays watered while the event runs. If you'd like to get involved in any way, please contact Sue Thornley 01584 872292.

The festival will be held at St Laurence's from 9th to 15th July 2022. Entry is free.

OLD WHEELWRIGHT TEAROOM AND POTTERY RE-OPENS

Written by Kate Franklin



Jonathan and I are pleased to announce that the Old Wheelwright tearoom has now reopened for the 2022 season. The opening hours are Wed-Sat 10.30am-4.30pm and Sun 12.30-4.30pm. The tearoom serves a selection of hot and cold drinks, cakes, scones, sandwiches, jacket potatoes and snacks including samosas and spring rolls. We also now sell local chicken and duck eggs. We are dog friendly and have parking and disabled facilities.

Over the winter months, works have been taking place to convert the old workshop into a pottery studio and holiday let. Jonathan started running pottery evening classes in January which have been a huge success.

More classes will take place over the coming months so please get in touch with Jonathan if you would like to know more. theoldwheelwright.com@gmail.com



What's On

Clunbury Village Hall

Invites you for

Cream Tea



At Upper House, Clunbury

Saturday 7 May

2.30 - 5.00pm £5.00pp

Raffle

Marquees/ Tents available if wet.

Contact: Barbara 660629 or Alister 661180



Bishop's Castle Town Hall

WILD:
Life and Landscape

by Ben Osborne



Ben Osbourne has been a wildlife and landscape photographer for 30 years. He has worked on all seven continents, but is probably best known for his images of Antarctica in the book of the BBC series 'Life in the Freezer'

CHURCH BARN, BISHOPS CASTLE

FRIDAY 6TH MAY 2022 8pm

Doors and bar opens 7.30pm

£8 booked in advance online,
£10 on the door

Book via www.ticketsource.co.uk

or

www.bishopscastlewalkingfestival.co.uk/evening-events



Aston-on-Clun Craft & Collectables Market

Saturday 21st May 10am -1pm

Lots of stalls selling beautiful items

Refreshments available

For more information call Andra 01588
660492



We are a community orchestra and welcome all players with the will and commitment to join and support others in making music. We rehearse at Lydbury North Community Hall on Thursday evenings.

For information please visit our website: bcorchestra.org.uk or contact JohnPhillips johnphillips@myphone.coop
Telephone : 07790 007469

ARE YOU CONCERNED
ABOUT THE PLIGHT OF UKRAINIAN REFUGEES?



If so, please come to an Open Meeting to find out about what help our local community could bring to Ukrainian Refugees coming to our area.

No commitment required, just a desire to explore with us how we might help.

Clungunford Village Hall
Tuesday 3rd May 2022 at 7.00pm

Please share with everyone you know

South West Shropshire Gardening Club

Programme of Talks and Events for 2022

25th May - Anne Harrison - Perfume in the Garden

22nd June - Trip to Hopton House

Meeting at Lydbury North Village Hall at 7.30 pm. All talks free to members.

Non- members welcome £5.00 entry fee.

For further details see our website. www.gardeningshropshire.co.uk



Parish Ramble, Monday 9 May, 7.00 -8.30pm

A short walk along the River Clun near Beambridge, courtesy of Christina Whitehead. It will be led by Mike Kelly of the Shropshire Hills Area of Outstanding Natural Beauty, with contributions from a fisherman, a bird ringer, a bird watcher and, it is hoped, the Environment Agency. There will be plenty of stops to talk about river management and wildlife, including of course, the Freshwater Pearl Mussel.

Directions: Meet at The Lawn Farm, Beambridge, where there is parking available.



Gardening Corner

Written by Lucey Van Den Bergh

May is the month most gardeners have been waiting all year for. The days are getting longer with lighter evenings and the promise of frost-free nights by the end of the month. The topography of Kempton and surrounding villages is varied, gardeners have different growing conditions to neighbours just a short distance away, however one thing we all have in common this spring is the lack of rain. Protecting our soil with a mulch of compost will help. When making your own compost try chopping dry garden waste with a lawn mower this will speed up the composting process, regular turning of the heap helps too. Drought tolerant plants may not be so keen on our wet winters but planting them now allows time for their roots to establish, digging in homemade or peat free compost and mulching well.

This year I'm growing the runner bean Scarlet Emperor an old and reliable variety and White Lady which has prolific white flowers which set well. The flowers can also be eaten in salads. Sown in alternating rows and interspersed with sweet peas, attracting pollinators and increasing the bean yield. Sow Sweet Basil now for homemade pesto and the perfect companion plant for tomatoes, repelling aphids.



Red millet can be sown in garden borders attracting blue tits and goldfinches through the autumn. You can direct sow in May along with Panicum capillare 'Sparkling Fountain' these seed heads can be used in flower arrangements and dried and hung as natural bird feeders. Sunflowers will also produce flower heads for the birds to feast on. Pinching out the growing tip at around 8" will produce side shoots of multiple flower heads, allowing some to be picked for the vase whilst leaving plenty for the birds.



Clunbury 100 club

TBC £20
TBC £15
TBC £10
TBC £5
TBC £5

Clunton 100 club

1st TBC
2nd TBC
3rd TBC

Kitchen Cupboard

Written by Beth Parmar

Chard

Also known as Swiss chard, chard has large, fleshy, tender, deep-green leaves and thick, crisp stalks. Although they're unrelated, chard is similar to spinach, but with a stronger flavour. Smaller leaves can be eaten raw in salads, but the stalks can be bitter so are best cooked. This recipe is a delicious way to enjoy chard. If you don't have any chard then spinach works just as well.



Servings: 4

Prep time: 20 mins

Cooking time: 45 mins

Ingredients

1 tbsp olive oil
1 onion, chopped
2 cloves garlic, crushed
200g chard, stalks chopped and leaves sliced finely
200g mushrooms, chopped
100g soft cheese
200g block feta, chopped into small cubes
¼ nutmeg, grated
1 tsp oregano
1 tsp thyme
Salt and pepper
Block ready rolled puff pastry
Handful sesame seeds

Method

Heat oven to 180C.
Fry onion for a few minutes until soft. Add garlic and fry for a minute. Add chopped chard stalks and fry for a couple of minutes.
Add the chard leaves and mushrooms and fry until softened slightly and excess liquid has evaporated. Gently stir in the soft cheese and feta and nutmeg, oregano, thyme and salt and pepper and remove from heat.
Unroll the pastry sheet and place on a baking tray. Pile the mixture onto one half of the pastry sheet. Brush edges with milk then fold the pastry over to make a large parcel. Seal the edges and crimp with a fork. Brush the pie with milk and sprinkle with sesame seeds. Make a few small slits in the top with a knife.
Cook for 30 minutes until golden brown,



Ecological and wildlife news

Litter Picking

Our third litter pick was on 5 March, when we concentrated on the roads leading out of Clunton, but with coverage too of the B4385 between Little Brampton and Kempton. A record number of pickers (12) collected a record number of bags (more than 12). Our next litter pick will be in the autumn once vegetation has died down.

Turbary on the Black Hill

The Parish owns 6 acres of land on the Black Hill, known as the 'Obley Turbaries', a turbary being land where there were rights to dig peat for fuel. Such peatlands, if maintained and revived, can play an important part in capturing carbon and holding water to help in flood alleviation. It is a topic being explored by staff of the Shropshire Hills Area of Outstanding Beauty, and the Parish's Climate and Environment Group organised a site visit on 28 April with Mike Kelly of the AONB to discuss options for the future of the Turbary.

Egrets – We have at least three

This is a photo taken by Nick Morgan beside the Clun below Clunton Coppice. It was one of three Little Egrets he saw there in December. Note the black bill and yellow feet – Great White Egrets have yellow bills and black feet and are much bigger. Once a real rarity, it seems that as a consequence of climate change (notably warmer) Little Egrets have prospered.



Remember to check the Parish Post website for more Information about the activities of the Climate and Environment Group

Parish Post Contacts

For article submissions - articles@theparishpost.org

General enquiries - info@theparishpost.org

Additional local information can be found on The Parish Post website
<https://theparishpost.org>

Follow The Parish Post on Facebook: <https://www.facebook.com/theparishpost>

Please submit articles and photos by 20th of each month. Maximum 200 words.

The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

Notices

Clunbury Village Hall Pop Up Café

This has been suspended while the kitchen is being refurbished. It will resume in late May – dates TBC

Calendar May 2022

Date & time	Event	Venue & Time
Monday 2nd May 10.00am -12.30 pm	Bellringing event to celebrate The Jubilee	St Swithin's Clunbury
Saturday 7th May 2.30pm - 5.00pm	Cream Tea	Upper House, Clunbury
Monday 9th May 7.00pm	Parish Ramble	
Sunday 15th May 2pm - 5pm	Open Garden in aid of Shropshire Historic Gardens Trust Entrance £6	The Hurst, Clun
Friday 20th May	Deadline for submission of articles to articles@theparishpost.org	
Saturday 21st May 10am-1pm	Craft & Collectables Market	Aston on Clun Village Hall
Thursday 26th May 7.30pm	Parish Council Meeting Please see Parish Post website for further information	Kempton Village Hall
Sunday 29th May from 1.00pm	Arbor Day	Aston on Clun
Advance Notices		
18th-19th June Clunbury Garden Trail		
Note change of date: Purslow Show is taking place on Sunday 24th July 2022		