

Volunteers Needed

The Parish Post is a small team of volunteers who very much need your help to keep the publication going. If you can offer any help, no matter how small, please contact us at info@theparishpost.org



YOUR PARISH POST NEEDS

YOU

Church News

*October's Services for St Mary's, Clunton
and St Swithin's, Clunbury*



Date	Time	Service	Church
Sunday 1st	10.00am	Morning Prayer	Clunbury
Friday 6th	7.00pm	Harvest Festival and Supper	Clunton
Sunday 8th	9.45am	Morning Prayer and Baptism	Clunbury
Sunday 22nd	10.00am	Holy Communion	Clunton
Sunday 29th	10.00am	Benefice United Holy Communion	St George's Clun
Thursday 2nd November	7.00pm	All Souls Day, Benefice Memorial Service	St George's Clun

Ride and Stride

Thank you to Ian and Kate Davies who completed 46 miles and visited 12 churches. Sponsorship is still open so please contact Pat if you would like to donate.

Clunton 100 Club: subscriptions are due now for the 2023/2024 year at £12 per number. Please pay into church bank account if possible. Contact Pat: 01588 660169 or patmharding@aol.com

HARVEST SUPPER



Kempton Village Hall
Saturday 14th October
Doors and bar from 6.30pm
ploughmans 7.30pm

TICKETS £7.50

From Richard 660250
Julie 07985 205 407

Apple Pies/Crumbles would be most welcome

ST MARY'S CHURCH,
CLUNTON

HARVEST THANKSGIVING



Followed by a soup
and puddings supper
at The Orchard.

7.00pm,
FRIDAY No charge for supper
6th but donations
OCTOBER welcome to go to
Bishops Castle
Foodbank.

Save The Date

Saturday 11th
November
Bluzebox are back with
Mr T's Pies and Puds

Kempton Village Hall



Gardening in October

Autumn brings the beginnings of a slower pace in the garden, as the leaves start changing colour and the last of the harvests are gathered. We are still however busying ourselves with preserving, storing the gardens bounty and collecting seeds.



Things to plant this month

- Autumn garlic can be planted from now until Christmas.
- Onion sets or seedlings can be planted now.
- Broad and field beans can be sown directly or sown into pots and planted out once large enough.
- If you managed to sow some seeds in late summer now is a good time to get them planted out if you haven't already. Many will benefit from a net or cloche to keep the birds, pests and frosts at bay.

For anyone interested in growing your own food please have a look at Seedling success UK on Facebook or Instagram, a grow along community I'm setting up.



Written by Kimberly Cornish
@growingwithspaniels

For a fun activity during the school holidays why not build a bug hotel. You could use an old pallet or box and stuff it full of leaves, pine cones, bamboo, sticks and stones. Place it in a quiet spot in your garden and keep an eye out for visitors.

The old wheelwright pottery hosted a special evening of raku firing with Mike from Wenlock pottery.

All 10 potters got really great results from the firing. If you would like to learn how to make pottery, there are spaces available in the Monday and Friday evening classes.

Contact Jonathan on 660141 for details.



A VARIETY OF STALLS
INCLUDING GIFTS,
CRAFTS
&
DELICIOUS TREATS.

BEDSTONE CHRISTMAS FAYRE
SATURDAY 2ND DECEMBER
11AM TO 4PM

COOKERY
DEMONSTRATION
BY
AWARD
WINNING
CHEF
ANDY LINK.

VISIT
FATHER
CHRISTMAS
IN HIS GROTTO
£3.50

BOOKING REQUIRED.

WREATH MAKING
COURSE
£35

INCLUDES
ADMITTANCE TO FAYRE, A
MULLED WINE/HOT DRINK
&
A MINCE PIE

BOOKING IS REQUIRED.

WATCH THIS SPACE
BOOKING DETAILS
COMING SOON.

BEDSTONE COLLEGE,
BUCKNELL,
SY7 0BG

ADULT
ENTRY IS £5
&
INCLUDES A
MULLED
WINE/HOT
DRINK
&
A MINCE PIE.

CHILDREN'S
ENTRY IS
FREE

PARKING IS
FREE

The Parish Council has subsequently adopted a policy of scrutinising planning applications for their impact on the climate, environment and amenity (using a checklist provided by the Group) and has urged our MP to support the Climate and Ecology Bill. Additionally, the Council has adopted the Green Landscape Plan drawn up by the Group.

Additionally, following the Parish Council's declaration of a climate emergency in September 2019, the Group has been successful in encouraging it to adopt resolutions in support of climate related issues. So, the Parish Council supported South Shropshire Climate Action in calling on Shropshire Council to implement '15 Transport Asks'.

On Whinberry Hill

The Group has been active too in arranging applications for grant aid for the management of the Parish's nine acres of land on the Black Hill. In 2022 the Parish Council made a successful application to the AONB's Conservation Fund which helped pay for bracken spraying, the felling of invasive Sitka spruce and the artwork and design for an information board. Work should start in October on the felling of the band of spruce round the boundaries of the plot; these have been sold as standing timber. Meanwhile, the Group framed an application to Defra's 'Farming in Protected Landscapes' scheme, which the Parish Council submitted in early September. If successful, this will finance more work on bracken, tree felling and the promotion of the whinberry and heather plants which will have flourished right across the Black Hill prior to it being afforested 70 or so years ago. More on this next month.

Water monitoring

If you would like to observe or participate in the river monitoring done by group members in support of the network established by the River Clun Monitoring Group, you are welcome to attend one of our monthly sessions.

This month we will be monitoring as follows:

- River Kemp at Kempton Ford at 2.30pm on Friday 6 October
- River Clun at Clunbury at 11.30am on Sunday 8 October (meet at the footbridge in the centre of the village)
- River Clun at Clunton Bridge at 10.30am on Tuesday 10 October.



Climate and Environment Group

Group contact: Tom Wall walltom@hotmail.co.uk 01588 660561

There was an encouraging attendance of 25 at the Group's get-together in Clunbury Village Hall on 19 September. This started with Simon Marlow explaining his involvement with Cuan Wildlife Rescue at Much Wenlock brought about by him being presented with an exhausted Red Kite. Following on from Simon's informative contribution, there was a presentation outlining the range of activities and actions organised and supported by the Climate and Environment Group since its inception on 31 October 2019. Activities have included litter picking (now twice a year), parish rambles (eight to date), balsam bashing (annually) and river water quality monitoring (monthly since September 2022). The financial support received from the Parish Council was acknowledged, including the purchase of litter grabbers and a contribution towards a water monitoring kit.

Getting together



*Everyone enjoyed the concert by
The Rhayader and District Male Voice
Choir on 26 September.*



St Swithin's was full and the choir sang a lovely variety of songs. Thank you to Mary Jones for organising it and to all who contributed the delicious food that was enjoyed afterwards.

CLUNTON APPLE JUICING

**Pasteurising & Juicing with Clunton Scrumpers
Village Hall, Clunton**



Saturday 14th October 2023, 10am-4pm

Book a Slot - Angie 01588 661025, Pauline 01588 660121

Leave a number/message & we'll be in touch.

Light refreshments available

Bedstone and Hopton Castle Village Hall
(In Bedstone) SY7 0BE

'Fisherman's Friends - One and All'
(AKA Fisherman's Friends 2)
Friday 13th October 7.30pm

£5 cash only (01547 530282)
Refreshments available
but BYO wine/beer.



Clunton 100 Club



1st. Andrew Buckley
2nd. Sophia Shuker
3rd. Jenny Aylwin Foster

Clunbury 100 Club

Christina Whitehead £20
Trevor Owen £15
Charlie Whymark £10
Sarah Marie Baillie £5
Pat Harding £5

Courgette and Lime Drizzle Cake

Thank you to Beth Parmar of Vegify Cookery School at Little Brampton www.littlebramptonbarn.co.uk for sharing this tasty recipe, perfect for this time of year.

A delicious and moist loaf cake which is ideal for using up any courgettes growing in the garden.



Ingredients

200g light brown sugar
200ml sunflower or vegetable oil
4 eggs
175g self-raising flour
½ tsp baking powder
75g ground almonds
150g grated courgettes
2 limes, zest and juice
6 tbsp granulated sugar

Preheat oven to 165 C and grease and line a loaf tin.

Combine sugar, oil and eggs in a bowl.

Add the flour, baking powder and almonds and mix to combine.

Squeeze the excess liquid from the courgettes and add to the mixture along with the lime zest and half the juice.

Mix well.

Pour into the loaf tin and bake for 40-50 minutes until a skewer inserted into the centre of the cake comes out clean.

Allow to cool for a few minutes and then make holes all over the top of the cake.

Combine the remaining lime juice with the sugar and pour over the cake while it is still in the tin.

Allow to cool before turning out.

QUIZ NIGHT

Clunbury Village Hall
Saturday 14th October
at 7pm

Come along and join us for a fun quiz evening
with questions all about the United Kingdom

**£4 Per Person to enter with prizes for the
winning team on the night**

Bring a Bottle - Complimentary Nibbles, Tea & Coffee



For more information: Contact Alister - 01588 661180 or Maria - 07956 742899

Parish Post Contacts

For article submissions – articles@theparishpost.org

General enquiries - info@theparishpost.org

Additional local information can be found on The Parish Post website

www.theparishpost.org

Follow The Parish Post on Facebook: www.facebook.com/theparishpost
Please submit articles and photos by 20th of each month. To ensure we can include as many articles as possible, we have a maximum word limit of **200 words**. **Please do not submit articles or posters in PDF form.** The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

Calendar October 2023

Wed 4 th Oct 10am to 12pm	Clunbury Craft & Social Group	Clunbury Village Hall
Thurs 5 th Oct 10 am to 12 pm	Clunbury Cafe	Clunbury Village Hall
Tues 10 th Oct 7.30 pm	Merchants in the Marches Talk by Nigel Hinton SWSHS	Church Barn Bishops Castle
Sat 14 th Oct 10 am to 4 pm	Clunton Apple Juicing	Clunton Village Hall
Sat 14 th Oct 7.00 pm	Quiz Night	Clunbury Village Hall
Wed 18 th Oct 10 am to 12 pm	Clunbury Craft & Social Group	Clunbury Village Hall
Thurs 19 th Oct 10am to 12 pm	Clunbury Cafe	Clunbury Village Hall
Sat 21 st Oct 10 am to 1 pm	Craft and Collectables Market	Aston on Clun Village Hall
Wed 25 th Oct 7.30 pm	20 Top Tips for Gardeners SWSGC Talk by Pip Smith	Lydbury North Village Hall