

Calendar May 2026

Date	Event	Venue
Tues 5 th 7:30pm	Film: Hamnet (12A)	Lydbury North VH
Thurs 7 th 10:30am - 12pm	Clunbury Café	Clunbury VH
Sat 9 th 3pm	Film: Grow (PG)	SpArC Theatre BC
Wed 13 th 10am - 12pm	Coffee morning	Aston on Clun VH
Wed 13 th 10:30am - 12:30pm	Craft Group	Clunbury VH
Thurs 14 th 7pm	Film: The North (15)	SpArC Theatre BC
Sat 16 th 10am - 1pm	Craft and Collectables Market	Aston on Clun VH
Sat 16 th 7:30pm	Film: Hamnet (12A)	Aston on Clun VH
Sun 17 th 9:30am	Ramble: Davies' Dingle	The Crown Clunton Car Park
Tues 19 th 2pm	Film: Dance First (12A)	SpArC Theatre BC
Sun 24 th 10am	Bracken Bashing	Fiddler's Elbow Car Park
Wed 27 th 10am - 12pm	Coffee morning	Aston on Clun VH
Wed 27 th 10:30am - 12:30pm	Craft Group	Clunbury VH
Wed 27 th 7:30pm	SW Shropshire Gardening Club	Lydbury North VH
Thurs 28 th 7pm	NLive: The Playboy of the Western World	SpArC Theatre BC Aston on Clun VH
Fri 29 th 9:45am	Climate Group meeting	Clunbury VH
Sat 30 th 11am	Show: So Unfair (Suitable for 7+)	SpArC Theatre BC

Follow The Parish Post on Facebook: www.facebook.com/theparishpost
Please submit articles and photos by 20th of each month to :

articles@theparishpost.org

To ensure we can include as many articles as possible, we have revised the maximum word limit to **200 words**. The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

May 2026

THE PARISH POST

For Beambridge Clunbury Clunton Coston Cwm Kempton Little Brampton
Obley Purslow The Llan & Twitchen

Issue 175



Paintings of Venice by Noel Shepherdson

At The Forge, Clun

May 24th - 31st

Opening Sunday 24th at 2.00pm - tea and cakes

25th - 31st 10.00am - 4.00pm

Enquiries - Tel: 01588660309

Donations to Shropshire wildlife and air ambulance

SHROPSHIRE HISTORIC CHURCHES TRUST

gardens
OPEN
2026

Sunday May 31st
Stokesay Court

Onibury, Craven Arms SY7 9BD

Open 2 – 5 pm

This grand Victorian mansion with 20 acre grounds, landscaped by E H Milner in 1892, was the setting for the film Atonement.

Gardens feature a fountain, lake and grotto with a fine rhododendron arboretum, pools cascade and woodland walks.

Open church: St Michael's and All Angels SY7 9AW

Visit www.shropshirehct.org.uk

Climate and Environment Group Report

History of the Black Hill

John Bibby has written a fascinating account of 'The history of the Parish land on the Black Hill' from the mid-19th century to the present day. It can be found on the Parish Council website : <https://clunburyparishcouncil.gov.uk/> Scroll down to the Black Hill link where there is a summary and the full version. The latter includes many maps and photos, historic documents and newspaper cuttings, wild fires, wildlife and peat cutting figures, and, surprisingly, the apprehension of escaped prisoners of war and plans for electricity generation.

Ramble

On Sunday 17 May the Davies family is kindly inviting us to visit their dingle at Clunton where there has been work done over the winter putting in leaky dams, scrapes and hedgerows. There is much of interest to be seen in this intriguing corner of our parish. Meet at 9.30am in the Crown car park. The walk will not be too long or taxing, but some of it is uphill. Come well shod and consider whether clouts should be shed before May is out.

Bracken bashing

Our first monthly session will be on 24 May. We will meet at 10am at the Fiddler's Elbow car park (directions on request) and bash away for a couple of hours. Scythes and other tools will be available, but by all means come with your own weapon of choice. Bring some nourishment and a drink, also gloves and a sun hat or sou'wester as appropriate.

Group Meeting

We have a group meeting in Clunbury Village Hall on Friday 29 May, 9.45 for 10.00. It is open to all, do join us for a coffee and discussion.

Scything course: final call

Local scything expert Simon Cooter is running a course for us on 7 June. There are two places still up for grabs. Please contact Tom Wall as soon as possible if you are interested. The course lasts three hours and will be held in Kempton; scythes will be provided. Thanks to a grant from the Shropshire Hills Conservation Fund there will be no charge for attendance but we ask that attendees join at least one of our bracken bashing sessions on Whinberry Hill.

Group contact: Tom Wall walltom@hotmail.co.uk 01588 660561

Church News

Services for St Mary's, Clunton , St Swithin's, Clunbury
and St George's Clun

May 2026

Date	Time	Service	Church
Sunday 10th	10am	Holy Communion	Clunbury
Sunday 24th	10am	Holy Communion	Clunton
Sunday 24th	6.30pm	Evensong	Clunbury
Sunday 31st	10am	Benefice United Holy Communion	Clun

Clunton



Clunbury

1st Ian Davies

2nd Malcolm Redgrave

3rd Harry Pearson

Rosemary Jones £20

Sarah Marie Bailey £15

Caroline Holmes £10

Florence Whymark £5

Jean Christian £5

Thanks to everyone for supporting these 100 clubs.

Clunton : New members are welcome, contact Pat on 660169

Clunbury: Subscription of £12 is due on 1st June. Cash or cheques

to Mary Jones or Maddy Matveieff or BACS transfer to

Clunbury 100 Club, Account number 90156213, sort code 20 53 22

and please let Mary or Maddy know that you have done this.

New members welcome

Clunbury Village Hall Ploughman's and Puddings

Plus selected songs by

The Cadettes

Thurs 11th June

12 noon – 2.30pm

£12 per person

Tea and coffee available

BYO drinks



Clunton Scrumpers

Note for your diary !

Saturday 27th June

Harry's Yard

Plenty of cider and

a barbecue

More details next month

CURRY AT CLUNTON WITH ZAINZ CATERING

FRIDAY 15.5.26
CLUNTON VILLAGE HALL

LICENSED BAR FROM 6PM
FOOD FROM 7PM



Aston Craft and Collectables Market

Sat 16th May
10.00am - 1.00pm
**Aston on Clun Village
Hall**



Mobile Post Offices

Mondays	10:15 – 11:30	Leintwardine The Lion Pub Car Park
Mondays	13:00 – 14:00	Lydbury North Community Shop
Mondays	14:05 – 15:05	Aston on Clun VH Car Park
Thursdays	10:15 – 11:30	Leintwardine The Lion Pub Car Park
Thursdays	11:45 – 12:45	Clungunford VH Car Park
Thursdays	13:00 – 13:30	Clunton VH Car Park
Thursdays	13:35 – 14:05	Clunbury VH Car Park



Acton Scott Heritage Farm: Visiting and Volunteering

Hello to all those who loved taking their children/grandchildren to **Acton Scott Heritage Farm** before it closed. I am included in this, so I thought an update from someone who enjoys volunteering there was a good idea. So, here goes, with an insight into visiting the Farm and being a volunteer for anyone who may be interested in coming along.



As a visitor I took my daughter and her two young children there on Easter Monday and they loved it in the same way my children did all those years ago. There is plenty to see and do including; the fabulous Shire horses Edward and Bernie, the Gloucester Old Spot pigs Dulcie and Joan, Dulcie amuses with her snores and Joan delivered three enchanting piglets the night before, Golden Guernsey goats, geese, hens and chicks, and of course the Dairy Shorthorns and the adorable Shropshire sheep with their cute lambs. There is butter making in the dairy on some of the open days and you can come into the Bailiff's Cottage to see what the Bailiff's wife or Granny Bailiff is up to. There is a play barn too (who knew my grandson had such a good aim) and all things spinning and weaving can be seen in the fleece barn. There is also a play area and a great café (open Wednesday – Sunday even when the farm is closed), so a great outing overall and I will certainly be taking them again. There are specialist weekends to come, and workshops too so check out the website for details.

<https://actonscottheritagefarm.org.uk/>.

The farm is open 10:00 – 16:00 every Saturday and Sunday and bank holidays until 1st November and Wednesdays to Sundays in the school holidays.

So, onto volunteering. Those of us who volunteer do it because we love the place and we are a friendly enthusiastic and expanding team committed to making the farm a success. It is a charity so relies on us for all sorts of tasks both small and large and I have done many things from tour guiding, cooking on the range as the Bailiff's wife (well probably, Granny) to weeding, cleaning and our favourite task of raking leaves, no skills needed for most of the tasks just enthusiasm. We also have a Sewing Bee once a month where we make costumes and other essential items and work on our patchwork and rag rugging.

Volunteering is great fun, social and rewarding, if you fancy coming along for an hour or so, or longer then please follow the directions for volunteering on the website and we would love to see you. Volunteer days are usually Wednesdays, and the Sewing Bee is the first Wednesday of every month.

For more details see <https://actonscottheritagefarm.org.uk/>,

and please email sabrina.cleevly@ashf.org.uk with any questions about volunteering.

Alison Benbow





Weed, food or medicine?

Cleavers aka sticky weed or even sticky willy is one plant that is very well known.



As the common name suggests it sticks easily to clothes and fur making it fun to play with on walks. However there's so much more to this weed. It is rich in vitamin C and antioxidants and is from the same family as coffee so contains small amounts of caffeine. There are many historical and traditional uses, including it being collected in WW2 to make medicine or used to stuff

mattresses many years ago.

How to use them today the most popular way to use them is by making an infusion by adding a handful to cold water and letting it steep overnight. This gives a refreshing drink tasting similar to cucumber that is said to cleanse your lymphatic system after winter. In folklore, it was said that drinking it three times a day for nine weeks made you so beautiful everyone would fall in love with you! It can also be added to soups and stews or the seeds can be collected and roasted to make poor man's coffee. It also supports liver health, treat UTIs or can be made into a poultice to ease inflamed skin.



In the garden they can grow or climb up to 8 foot tall which is not ideal amongst our vegetables or flowers. They are easy to remove and compost before the seeds become viable. You may however want to leave some in a messy corner to support butterflies and moths or for a refreshing drink.

Before using them make sure you have identified them correctly, ensure to harvest them from an area which hasn't been sprayed, leave plenty for wildlife and ask permission from the landowner before digging.

Want to grow your own organic food? Look for Seedling success UK on Facebook, Instagram or YouTube for free gardening support for all abilities.

Written by Kimberly Cornish (village picture by Leigh Stevens)

SOUTH WEST SHROPSHIRE GARDENING CLUB



AN INTRODUCTION TO THE ART OF BONSAI A TALK AND DEMO BY MATT WRIGHT

Wednesday 27th May at 7.30 pm
Lydbury North Village Hall

FREE TO MEMBERS (annual membership £20), GUESTS WELCOME: £5

For more information contact Mellie Lewis on 07811 412455
or email aeonium.mellie@gmail.com
www.gardeningshropshire.co.uk Also on Facebook.

Club meetings on 4th Wednesday of the month: interesting
speakers, refreshments, advice, outings, plant sales.
RHS Affiliated and Member of Plant Heritage

South West Shropshire Gardening Club: celebrating
over 30 years of gardening in Shropshire

