

Calendar October 2026

Date	Time	Event	Venue
Thu 1 Oct	7.00pm	NLive: The Misanthrope	SpArC Theatre BC
Thu 1 Oct	10.30am to 12.00pm	Clunbury Café	Clunbury VH
Sat 3 Oct	10.00am to 4.00pm	Clunton Scrumpers Juicing Day	Clunton VH
Tue 6 Oct	10am to 12pm	Tai Chi	Aston on Clun VH
Tue 6 Oct	7.30pm	Film: One Battle After Another (15)	Lydbury North VH
Thu 8 Oct	7.00pm	Film: Tuner (15)	SpArC Theatre BC
Sat 10 Oct	8.00pm (Doors open 7.30pm)	Flashback (Classics from the 60's to 90's)	Lydbury North VH
Tue 13 Oct	10am to 12pm	Tai Chi	Aston on Clun VH
Tue 13 Oct	7.30pm	Hopesay WI	Aston on Clun VH
Wed 14 Oct	10.30am to 12.30pm	Craft Group	Clunbury VH
Wed 14 Oct	10am to 12pm	Coffee Morning	Aston on Clun VH
Sat 17 Oct	10am to 1pm	Craft and Collectables Market	Aston on Clun VH
Sat 17 Oct	7.30pm	Film: Disclosure Day (12)	Aston on Clun VH
Sat 17 Oct	7.30pm	Film: Nosferatu (15)	Clun Memorial Hall
Tue 20 Oct	10am to 12pm	Tai Chi	Aston on Clun VH
Tue 20 Oct	2.00pm	Film: The Little Stranger (12A)	SpArC Theatre BC
Thu 22 Oct	7.00pm	Film: The Christophers (15)	SpArC Theatre BC
Sat 24 Oct	2.30pm (Doors open 2.00pm)	Film: The People's Emergency Briefing (16+)	Clunbury VH
Sat 24 Oct	7.30pm	54 North (Folk Fusion band)	Aston on Clun VH
Tue 27 Oct	10am to 12pm	Tai Chi	Aston on Clun VH
Wed 28 Oct	10.30am to 12.30pm	Craft Group	Clunbury VH
Wed 28 Oct	10am to 12pm	Coffee Morning	Aston on Clun VH
Wed 28 Oct	7.30pm to 9pm	SW Shropshire Gardening Club	Lydbury North VH
Sat 31 Oct	7.30pm	Theatre: The Nag's Head	SpArC Theatre BC

Oct 2026

THE PARISH POST

For Beambridge Clunbury Clunton Coston Cwm Kempton Little Brampton
Obley Purslow The Llan & Twitchen

Issue 178

The People's Emergency Briefing

This documentary film is coming to Clunbury thanks to an initiative of Clunbury Parish Council. I have been asked to make the arrangements, and a number of parishioners have kindly come forward to help organise the showing which will be on Saturday 24 October. There will be coffee, tea and biscuits available from 2pm and the film will start at 2.30. It lasts about 50 minutes and the intention is to follow on with a time for reflection and discussion that may take half an hour or so. The film, which is 16+, stems from the National Emergency Briefing held in November 2025, when leading experts set out the evidence on the climate and nature crisis in a formal briefing to national decision makers. This film takes the essence of that Briefing into the community. It is intended as a catalyst for a wider public conversation. Let's get that conversation underway in Clunbury Parish on 24 October. Please come along and be part of it.

Tom Wall - walltom@hotmail.co.uk



Clunbury Parish Council invites you all to a special free showing of this 16+ film on the climate and nature crisis

Saturday 24 October
2pm (tea/coffee) for 2.30pm
Clunbury Village Hall
Film (50mn) & discussion

Please join us

Climate and Environment Group Report

People's Emergency Briefing

Last month we previewed the proposed showing of this film. It will go ahead on Saturday 24 October, 2pm for 2.30pm, Clunbury Village Hall. Please see the separate article.

Black Hill

As readers of this report will know, we are undertaking regular scything of bracken on Whinberry Hill (the Parish Land). In 2025 we did so mid-month in May, June, July and August. We have done so again this year, scything the bracken over an estimated area of 2.5 acres. It keeps coming, but seemingly in a reduced density and our cutting enables Whinberry and Heather to grow more strongly.

Every summer since 2022 we have had photos of Whinberry Hill taken from a drone In order to monitor and record the work we have done. One of this year's photo is reproduced below. It was taken on 5 September. You will see a clear demarcation between areas where the bracken cut on 23 August has died and turned brown, while the uncut bracken remains green. We will be very interested to see how strongly it comes again next year.

Group contact: Tom Wall walltom@hotmail.co.uk 01588 660561



Photo courtesy of Bob Kemp

Church News



Services for St Mary's Clunton , St Swithin's Clunbury and St George's Clun

October 2026

Date	Time	Service	Church
Friday 2nd	7.00pm	Harvest Festival	Clunbury
Friday 9th	6.30pm	Harvest Festival	Clunton
Sunday 11th	10.00am	Holy Communion	Clunbury
Sunday 25th	10.00am	Holy Communion	Clunton

Clunton

- 1st Maddy Matveieff
- 2nd Alastair Edie
- 3rd Andy Peers



Clunbury

- Helen White £20
- Lynne Thompson £15
- Charlie Whymark £10
- Barbara Freeman £5
- Pat Harding £5

Mobile Post Offices



Mondays	10:15 – 11:30	Leintwardine The Lion Pub Car Park
Mondays	13:00 – 14:00	Lydbury North Community Shop
Mondays	14:05 – 15:05	Aston on Clun VH Car Park
Thursdays	10:15 – 11:30	Leintwardine The Lion Pub Car Park
Thursdays	11:45 – 12:45	Clungunford VH Car Park
Thursdays	13:00 – 13:30	Clunton VH Car Park
Thursdays	13:35 – 14:05	Clunbury VH Car Park





Weed, food or medicine?



Yarrow aka Achillea is a common weed found in grasslands, verges and disturbed areas which is part of the Daisy family. While the wild cultivar is an understated creamy white the cultivated version comes in many beautiful colours and are perfect for cut flowers. Wild yarrow is not just a pretty plant but also has a long history of medicinal use.

How to use them: while the leaves and flowers are edible they don't add much flavour to a salad other than a little colour from the flowers. Instead we can use them in an emergency to stem bleeding and heal wounds due to its anti-bacterial, antiseptic, anti-inflammatory and astringent properties. Yarrow has been used throughout history to heal soldiers during wars and is named after the Greek warrior Achillea. Using fresh leaves they can be made into a poultice and added directly to the wound or dry the leaves and flowers to make a powder for your first aid kit. They can also be made into a herbal tea to aid natural sleep, calm and reduce anxiety or to calm IBS, PMS or menopause symptoms.



In the garden we can grow cultivated varieties which are often thornless. These however are believed not to offer quite as many health benefits as wild blackberries. The plants support a huge variety of wildlife, including 150 different insects as well as many more animals who rely on them for both dinner and shelter. So, if you have a bramble patch in the corner of your garden or allotment it's worth leaving it to support everything from bees, moths, caterpillars, butterflies, beetles, birds and mice.

Before using them make sure you have identified them correctly, ensure to harvest them from an area which hasn't been sprayed, leave plenty for wildlife and ask permission from the landowner before digging. Always check if a herb is safe to use before consumption especially during pregnancy.

Want to grow your own organic food? Look for Seedling success UK on Facebook, Instagram or YouTube for free gardening support for all abilities.
Written by Kimberly Cornish (village picture by Leigh Stevens)

54 NORTH

"HEARTWARMING, FOOT-STOMPING, FOLK, COUNTRY AND BLUES MUSIC" J. HOLLIDAY

BOOKING ESSENTIAL

Folk Fusion:
Songs * Tunes * Tales

Touring with...

arts
alive

PERFORMING LIVE AT ASTON
ON CLUN VILLAGE HALL

SATURDAY 24th OCTOBER
7.30pm.

Touring with...

arts
alive

54 NORTH is a dynamic Folk, Blues, Country Fusion Band guaranteed to get the toes tapping and voices singing. With each member being a multi-instrumentalist, 54 North bring a unique blend of harp, violin, cajon, brass, keyboard guitar, ukulele and mandolin to the stage.

Expect an evening packed with rich vocal harmonies, infectious energy and a dose of humour - complete with lively stories and singalongs, all combined with outstanding playing and a sense of fun.

ADULTS £12 - UNDER 18s £6
BOOK BEFORE 1st OCTOBER TO GET YOUR EARLY BIRD
TICKETS OF JUST £10.
TO BOOK VISIT - www.artsalive.co.uk

Aston on Clun Village Hall

Coffee mornings

Weds 14th & 28th October
10.00 am - 12noon
£1 for coffee and biscuits

All welcome

Kempton Bonus Ball

September: no winner
Look out for next month: worth £50!

Aston Craft and Collectables Market

Sat 17th October
10.00 am – 1.00 pm

Aston on Clun Village Hall

Follow The Parish Post on Facebook: www.facebook.com/theparishpost
Please submit articles and photos by 20th of each month to :
articles@theparishpost.org

To ensure we can include as many articles as possible, we have revised the maximum word limit to **200 words**. The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.

Clunton Scrumpers Juicing Day

Pasteurising & Juicing



Village Hall, Clunton
Saturday 3 October 2026
10am – 4pm



Let us do the hard work this season. Bring your precious produce along to Clunton Village Hall for juicing - apples, pears all go into the press.

Enjoy tea and coffee whilst you wait - home made soup and cake.

For those not tempted by the lure of fruit into alcohol, pasteurising is available

Booking essential : Angie Salmon 07721 687748
Leave a number/message, we'll be in touch



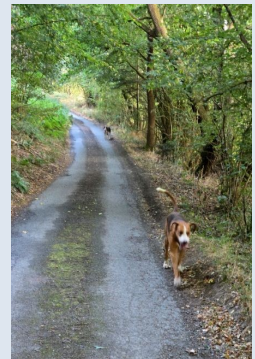
Clunbury Parish Council Update - September 2026

The parish council (PC) remains focused on several issues of continued community interest and concern, including efforts to restore the telephone kiosk in Kempton, which was pre-emptively removed by BT in July 2025. Ofcom are being asked to review BT's refusal to take action. Co-ordinated efforts with Shropshire Council (SCC) via the Unitary Councillor to retain the existing 30mph speed limit in Twitchen, as shown on existing signposts, have progressed well. SCC have developed a plan which adds 40mph buffers at either end of the 30mph zone, but further consideration is required.

The Climate and Environment Group continues to be very active, with a series of actions that contribute to the Shropshire Local Nature Recovery Strategy.

The PC is extremely supportive of the First Aid in the workplace training taking place in the parish. The trained First Aiders will form an integral part of the PC's Emergency Response. Shropshire Mental Health Services are planning to hold mental health sessions in parishes, providing a need exists. They are scoping this initiative currently, so if you feel there is a requirement for this service, please let the Parish Clerk (telephone: 07763793695 or e-mail: clerk@clunburyparishcouncil.gov.uk) know. All responses will be treated in the strictest confidence.

The PC is aware of several occasions where local hunt hounds have been out of control in the parish. One such occasion occurred on the early morning of 20 August in Clunton Coppice Lane (see photo) when local residents were woken by hounds in cry after a fox. Purslow Woods belong to the Forestry Commission who have banned all hunting with hounds on their land so this activity is trespassing as well as illegal. Anybody in the parish that sees a hunt taking place in Forestry Commission woods or chasing a fox anywhere should immediately contact the police, who have asked for help in gathering evidence about the hunt. The PC is compiling a map of the parish identifying all land where the hunt is not welcome. Anybody who wants to keep the hunt off their land and wishes to be included should send a plan showing their land ownership to the Parish Clerk (email: clerk@clunburyparishcouncil.gov.uk).



The next PC meeting is at 6:30pm on Thursday 5 November in Kempton Village Hall. An agenda will be published closer to the time and will be posted on the PC's website, [Clunbury Parish Council – News and updates from Clunbury Parish/Town/Community Council](#).