Calendar November 2026

Date	Time	Event	Venue
Tue 3 Nov	10.00am to 12.00pm	Tai Chi	Aston on Clun VH
Thu 5 Nov	10.30am to 12.00pm	Clunbury Café	Clunbury VH
Thu 5 Nov	7.00pm	National Theatre Live: Golden Boy	Aston on Clun VH
Tue 10 Nov	7.30pm	Hopesay WI	Aston on Clun VH
Tue 10 Nov	10.00am to 12.00pm	Tai Chi	Aston on Clun VH
Wed 11 Nov	10.30am to 12.30pm	Craft Group	Clunbury VH
Wed 11 Nov	10.00am to 12.00pm	Coffee Morning	Aston on Clun VH
Fri 13 Nov	7.00pm	Quiz Night *(Teams of 4; £5 per player)* *Call 01888 for 680454 to book*	Lydbury North VH
Tue 17 Nov	10.00am to 12.00pm	Tai Chi	Aston on Clun VH
Sat 21 Nov	7.30pm	Film: Four Letters of Love	Aston on Clun VH
Sat 21 Nov	7.00pm	Film: Glenrothan	Clun Memorial Hall
Sat 21 Nov	10.00am to 1.00pm	Christmas Market	Aston on Clun VH
Tue 24 Nov	10.00am to 12.00pm	Tai Chi	Aston on Clun VH
Wed 25 Nov	10.30am to 12.30pm	Craft Group	Clunbury VH
Wed 25 Nov	10.00am to 12.00pm	Coffee Morning	Aston on Clun VH
Wed 25 Nov	7.30pm to 9.00pm	SW Shropshire Gardening Club	Lydbury North VH

The Monkey Puzzle



Have you missed us? Well here we are again with another prickly teaser that once again may surprise.
This one involves the earth and a rather enormous rope.
We are going to assume that the earth is a perfect sphere and there is a rope going around the equator that fits nice and snugly on the surface.
We then cut the rope and add a 1 metre piece. The new rope with the 1 metre extension is then formed miraculously into a perfect circle around the equator but because the rope is now a little bit longer it does not fit snugly on the surface, there is a gap between it and the world and the gap is the same all the way round. The puzzle is this. Which of these things walking normally could pass under the the rope? a) an ant b) a mouse c) a small dog d) an adult or e) a horse or could none of them do it?

Nov 2026

THE PARISH POST

For Beambridge Clunbury Clunton Coston Cwm Kempton Little Brampton Obley Purslow The Llan & Twitchen

Issue 179

Shropshire Hills Conservation Fund

Grants to support community action for nature and people in the Shropshire Hills are now available. The Shropshire Hills Conservation Fund is open for applications. The funding is for projects to start in April 2027. Projects must meet one, or both, of the Fund's priorities which are:-

Conserving and enhancing the natural beauty, landscape, wildlife or heritage of the Shropshire Hills National Landscape.
Educational and awareness-raising activities relating to the area and its conservation, especially involving young people.

Grants are awarded in the range of £500 – £2,000 and make a real difference in converting great ideas into community action for nature and people. This year, the Fund is supporting 12 projects. These include heathland restoration on Whinberry Hill, restoring verges as valuable wildlife corridors across six parishes, monitoring harvest mice and water vole in the Stretton area, and engaging people, young and old, helping them to connect with and learn about nature on their doorstep.

We can help to shape your project idea if needed and support you with the application. The Nature Recovery Workbook (which supports the Shropshire and Telford & Wrekin Local Nature Recovery Strategy) can help you to identify actions that could be turned into a community conservation project. It was created with Town and Parish Councils in mind and sets out how we can all do something to help nature in the belief that many small actions add up to a big outcome.

Further information about the Fund and how to apply is on Shropshire Hills National Landscape website (www.shropshirehills-nl.org.uk). There is a link from the home page of the website to information about the Conservation Fund, how to apply and details about the current and past projects that have been awarded a grant. You don't have to live or work within the Shropshire Hills National Landscape to apply, as long as your project delivers benefits to it.

Your first step is to complete the short online project idea form, which is on the website. This gives us a chance to understand a bit about your project idea and we can then get in touch with you to talk about your proposal. We will then recommend whether your project should progress to full application. The deadline to make an expression of interest to the Fund is 15th February 2027.

The Conservation Fund is administered by the Shropshire Hills Landscape Trust. For more information contact Stephanie Hayes from the Shropshire Hills National Landscape Team,
email stephanie.hayes@shropshire.gov.uk
or telephone 01743 254746.



Climate and Environment Group Report

People's Emergency Briefing: a follow-up

Following the showing of this film on 24 October, we thought it would be good to get together to discuss how we should look to the future as a parish, considering in particular local issues of mitigation and resilience. To this end, there will be a meeting in Clunbury Village Hall on Saturday 7 November, 9.45 for 10.00am. It is, of course, open to all. Please come along and join in. We start with coffee/tea and goodies.

Litter Picking

We organise two Parish Picks each year, one in November, the other in March. Please come to the Hundred House, ideally with high-vis (but we have spares), and gloves for 10.30 am on Saturday 14 November and we will gather litter along the principal roads in this part of the Parish. Litter grabbers and bags will be provided. We will finish by noon. In March we will start our litter pick in Clunton.

Re-cycling

We distributed a Recycling Leaflet earlier this year, stating what could be re-cycled and where. I was advised a little while back of important updates. I'm afraid that I have been slow in passing these on, and hope they still apply: hopefully the Discovery Centre is still taking printer cartridges, batteries and blister packs, and Tuffins is taking Brita water filters once again. Please update me if you find that these arrangements have changed, or if you find good alternatives.

Walking the Wiggle

Courtesy of the landowners, we are hoping to arrange a Parish Ramble along the Walcot Wiggle near Kempton before the end of the year. Numbers are limited and places will be allocated on a first come, first served basis. Please submit expressions of interest via email to John Bibby: johnburrbibby@yahoo.com

Scythes boxed for the winter break

Thanks to the Shropshire Hills Conservation Fund, the Parish was able to purchase eight scythes in the Spring and to run courses training 16 participants in their safe and effective use. Since then, we have held four bracken scything sessions on Whinberry Hill (the Parish Land on the Black Hill), but the season has now finished. The blades are readily detachable from the shafts of the scythes (technical name 'snaths') at the end of each session, but are awkward to transport, as are the other tools needed (sharpening stones, stone holders, spanners, allen keys, water bottle, First Aid kit etc). Thanks to Tony Goodwin of Kempton and the Conservation Fund, we now have two superb tailor-made, or rather joiner-made boxes for safe keeping and safe transport of our kit. Come and join us next May to open the boxes up and put their contents to good use.



Group contact: Tom Wall walltom@hotmail.co.uk
01588 660561

Church News







Services for St Mary's Clunton, St Swithin's Clunbury and St George's Clun

November 2026

Date	Time	Service	Where
Sunday 8th	10.45am	Remembrance service	St Swithin's, Clunbury
Sunday 8th	12.30pm	Wreath laying	Purslow War Memorial
Wednesday 11th	10.45am	Remembrance service with Clunbury School	St Swithin's, Clunbury
Sunday 22nd	6.30pm	Evensong	St Swithin's, Clunbury

	Clunton		Clunbury	
1st	Barbara Jones		Madeleine Watkins	£20
2nd	Tim Wood		Ann Brown	£15
3rd	Daisy Price		Tim Croxton	£10
			Robert Morris	£5
			Judith Payling	£5

1 0 0 CLUB



Mobile Post Offices



Mondays	10:15 – 11:30	Leintwardine The Lion Pub Car Park
Mondays	13:00 – 14:00	Lydbury North Community Shop
Mondays	14:05 – 15:05	Aston on Clun VH Car Park
Thursdays	10:15 – 11:30	Leintwardine The Lion Pub Car Park
Thursdays	11:45 – 12:45	Clungunford VH Car Park
Thursdays	13:00 – 13:30	Clunton VH Car Park
Thursdays	13:35 – 14:05	Clunbury VH Car Park

Open Meadows Surgery meeting - all welcome!



Monday, 16th November, 6.45pm - 8.00 pm
Bar area, Clun Memorial Hall

All patients of the Meadows Surgery are invited to an open meeting which will be attended by Dr Green, Dr. Moulden and Practice Manager Daniela Chiscariu.

An opportunity to ask questions, comment on service organisation and hear from the Staff about current developments.

Doors open 6:30 pm for tea and biscuits, meeting starts 6:45 pm.

Questions may be submitted ahead of time to: danielachiscariu@nhs.net or through Mary Eminson meminson@btinternet.com or 07974 772754

This is your opportunity to give feedback and hear from those at the coal face. Meeting free but donations to cover expenses welcome.

Clunbury Parish Council Update - October 2026

The parish council (PC) remains focused on several issues of community interest and concern.

These include efforts to restore the telephone kiosk in Kempton, where unfortunately Ofcom have informed the PC that they are not authorised to intervene with BT, who have refused to replace the kiosk.

The PC is repairing or replacing the notice boards in the parish that they own, and is waiting for an update from Shropshire Council on plans to add 40mph buffer stretches at either end of the 30mph zone on the B4385 in Twitchen.

The Climate and Environment Group continues to be very active, contributing to the Shropshire Local Nature Recovery Strategy through the restoration of heathland, and enhancing access to nature-rich sites and people's connection to nature. A showing of the National Emergency Briefing Film took place in Clunbury Village Hall on 24 October.

The PC has funded First Aid in the workplace training for people across the parish. These individuals will form an integral part of the PC's Emergency Response.

Several people have informed the PC that they want the hunt to stay off their land. The areas they have identified will be incorporated into a map to send to the local pack.

The PC will be organising presentations in the parish by the Severn Trent Community Flood Officer on property flood resilience and who to contact in a flood, depending on the source of the event.

Follow The Parish Post on Facebook: **www.facebook.com/theparishpost**
Please submit articles and photos by 20th of each month to :

articles@theparishpost.org

To ensure we can include as many articles as possible, we have revised the maximum word limit to **200 words**. The editorial team does not accept responsibility for any opinions expressed by contributors and reserves the right to edit contributions if deemed appropriate.



Weed, food or medicine?

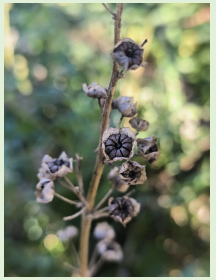


Mallow has delicate pink/purple flowers on plants that can reach 8 feet tall with seed heads that resemble cheese wheels hence one of its common names Cheeses. Part of the malvaceae family which includes the marshmallow plant, it is edible; highly nutritious and packed full of vitamins A, B, C, calcium, iron, potassium, protein, fibre, omega 3 and 6 as well as many antioxidants. You'll find them growing in urban areas, woodlands and pathways.



How to use them: All parts of the plant can be eaten, the flowers and seeds pods are most enjoyable raw. The flowers can be used to make jams, syrups and teas with a beautiful pink colour. While the young leaves are great added to soups and stews or made into crisps just like you would kale. The plant is high in mucilage making it a fantastic natural thickener. This property also makes it a powerful medicinal plant, anti-inflammatory and therefore perfect for easing sore throats with the tea, made into cough sweets or applied as a poultice to soothe burns and skin issues. Mallow was often given to teething children to soothe their gums.

In the garden you'll find them covered in life as the bees, butterflies and insects are drawn to the pollen. The deep tap roots search into the soil for nutrients making them a great addition to add to your compost heap.



Before using them make sure you have identified them correctly, ensure to harvest them from an area which hasn't been sprayed, leave plenty for wildlife and ask permission from the landowner before digging. Always check if a herb is safe to use before consumption especially during pregnancy.

Want to grow your own organic food? Look for Seedling success UK on Facebook, Instagram or YouTube for free gardening support for all abilities.

Written by Kimberly Cornish (village picture by Leigh Stevens)

Aston-on-Clun Village Hall

Coffee mornings
Weds 11th & 25th November
10.00am – 12.00pm
£1 for coffee and biscuits



All welcome!

Friday 13th November
Lydbury North Village Hall



Teams of 4; £5 per player

Doors and Bar open at 7pm
Call **01588 680454** to book

This is a fund raiser for our Village Hall so ***please*** come along to support us and have some fun!

Craft & Collectables Christmas Market
Aston on Clun Village Hall



Saturday 21st November 2026
10am – 1pm



Stalls selling a variety of vintage & antique items, festive gifts, crafts, decorations & local food
Free entry Cafe Parking
For more information call: Judith 01588 660292

Kempton Bonus Ball
October: *Still* no winner …..
Look out for next month – Worth £50